

A Spiritual Gifts Inventory can help you identify God's Spirit at work in and through you. Rate yourself on each item on a scale of 1–5 (1 = rarely true, 5 = very often true). Add your scores together in each section to see which spiritual gifts resonate most in you.

Compassion & Care - nurturing, healing, accompanying.

I feel called to care for people who are marginalized or hurting. [1 2 3 4 5]

I naturally listen to others without judgment. [1 2 3 4 5]

I sense God's presence clearly when I am offering support to someone. [1 2 3 4 5]

Total Score =

Justice & Advocacy - challenging systems, truth telling.

I organize or participate in efforts to change unjust systems. [1 2 3 4 5]

I speak up for fairness and equality even when it's uncomfortable. [1 2 3 4 5]

I see my faith as inseparable from social justice. [1 2 3 4 5]

Total Score =

Hospitality & Inclusion - welcoming strangers, building community.

I enjoy creating welcoming spaces for newcomers and outsiders. [1 2 3 4 5]

I can sense when someone feels left out and I try to draw them in. [1 2 3 4 5]

I think about accessibility and inclusion throughout each week. [1 2 3 4 5]

Total Score =

Teaching & Guiding - sharing insight, nurturing learning.

I enjoy scripture and progressive theology. [1 2 3 4 5]

I can explain complex ideas in ways that make sense to others. [1 2 3 4 5]

I like being part of discussions where everyone's voice is heard. [1 2 3 4 5]

Total Score =

Peacemaking & Reconciliation - healing relationships, building unity.

I bring calm and understanding to tense situations. [1 2 3 4 5]

I can help others listen across differences. [1 2 3 4 5]

I feel drawn to bridge divides between people or groups. [1 2 3 4 5]

Total Score =

Creativity & the Arts - communicating God's love through the senses.

I enjoy experiences that engage multiple senses. [1 2 3 4 5]

I express my spirituality partly through art, music, or writing. [1 2 3 4 5]

People are moved by the creative expressions I share. [1 2 3 4 5]

Total Score =

Leadership & Organizing - guiding, empowering, envisioning.

Others look to me for encouragement and motivation. [1 2 3 4 5]

I can see the 'big picture' and can help set direction. [1 2 3 4 5]

I'm comfortable coordinating and guiding people toward a goal. [1 2 3 4 5]

Total Score =

Encouragement & Affirmation – uplifting others, sustaining community.

I offer words of hope and reassurance naturally. [1 2 3 4 5]

I notice people's strengths and tell them. [1 2 3 4 5]

People say I make them feel valued and seen. [1 2 3 4 5]

Total Score =

Stewardship & Sustainability - caring for creation, practicing generosity.

I'm passionate about caring for the earth, using resources responsibly. [1 2 3 4 5]

I see generosity and sustainability as spiritual practices. [1 2 3 4 5]

I like to think about how organizations I am a part of impact the earth. [1 2 3 4 5]

Total Score =

Prayer & Spiritual Discernment - listening as God moves, guides decisions.

I feel drawn to prayer, meditation and contemplative practices. [1 2 3 4 5]

I have a sense of God's guidance in decision making. [1 2 3 4 5]

People ask me to pray with or for them. [1 2 3 4 5]

Total Score =

Building & Property as Ministry - bricks and mortar as mission.

I appreciate our church building and want to extend its physical life. [1 2 3 4 5]

I care about church spaces feeling welcoming, accessible, safe for all. [1 2 3 4 5]

I see our building as a ministry tool, not just something to maintain. [1 2 3 4 5]

Total Score =

Technology as Connection & Inclusion - science mingles with the Spirit.

I enjoy using technology to help people feel connected and included. [1 2 3 4 5]

I see technology as a tool for ministry, not just efficiency or convenience. [1 2 3 4 5]

I have interests and/or skills around technology [1 2 3 4 5]

Total Score =

Communications as Storytelling & Witness - words matter.

I pay attention to how language impacts people. [1 2 3 4 5]

I enjoy helping shape messages that reflect compassion, justice, humility. [1 2 3 4 5]

I am interested in how website/bulletin/email/social media speak for us. [1 2 3 4 5]

Total Score =

UCC Identity & Denominational Connection - covenant and autonomy.

I feel connected to the wider church beyond our local congregation. [1 2 3 4 5]

I understand why denominations matter and how we are proudly UCC. [1 2 3 4 5]

I resonate with our UCC emphasis on covenant over creed and control. [1 2 3 4 5]

Total Score =

Interpreting Your Results

Circle your top 3 highest-scoring areas.

Which gifts surprised you? Which felt deeply true?

Where do you see your spiritual gifts at work in your life?

How do your gifts complement (not compete with) the gifts of others?

Where do you sense God's invitation or nudge in your responses to this inventory?

What is one small, faithful step you could take to try out a gift you haven't used?

How could you share these gifts more fully in your relationships, in our church, in the wider community and in the world?

Prayer:

God of many gifts, help me trust what you are growing in me, release what no longer serves love, and offer my gifts so that more people will feel included and cherished.

Amen.