PARKWAY
UNITED CHURCH OF CHRIST
ALL ACCEPTED, NO EXCEPTIONS

LIMITLESS LOVE
COURAGEOUS ACTION
SPIRITED INQUIRY

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Happening this Weekend

Disability Pride Night at the Cardinals
Join the Cardinals to celebrate Disability Pride Night on **Saturday, July 11**! With the purchase of a special Theme Ticket, fans will take home an exclusive Cardinals t-shirt featuring the disability pride flag.

What is Disability Pride?
Disability Pride is a movement that celebrates the experiences and identities of people with disabilities. It shifts the narrative from finding a cure to embracing the uniqueness of our bodies and minds. At its core, Disability Pride recognizes disability as a natural part of the human experience while magnifying disability culture, community, and joy.
The shirt features an STL logo with coloring based on the Disability Pride Flag created by writer Ann Magill.

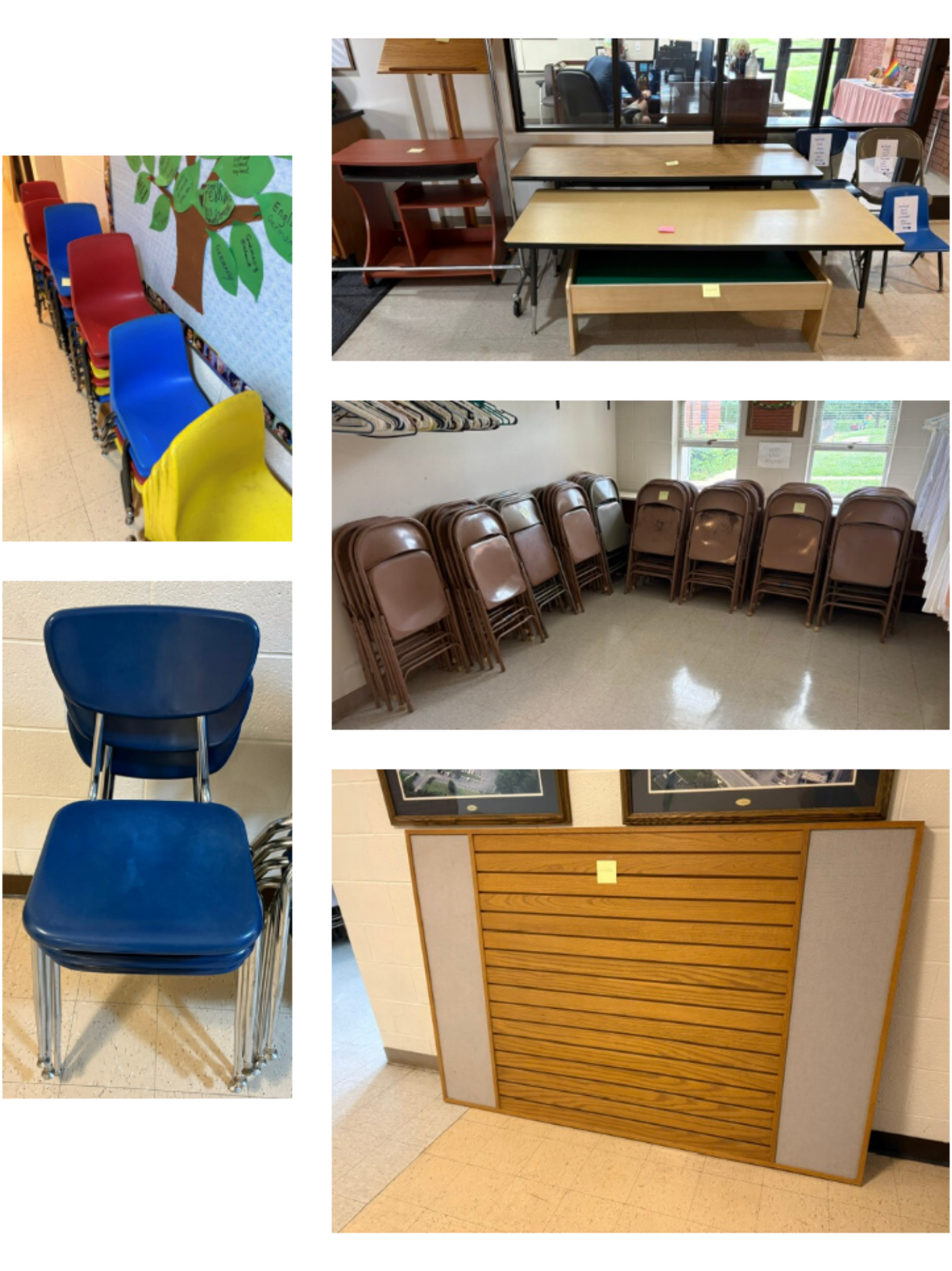
Each color of the flag represents a different disability experience:
• Red – physical disabilities
• Gold – neurodiversity
• White – invisible disabilities and disabilities that haven't yet been diagnosed
• Blue – emotional and psychiatric disabilities, including mental illness, anxiety, and depression
• Green – for sensory disabilities, including deafness, blindness, lack of smell, lack of taste, audio processing disorder, and all other sensory disabilities

This event is planned in partnership with our friends at **Starkloff Disability Institute** – a local nonprofit focused on building inclusion where we live, learn, work, and play through disability-led programs that advance economic opportunity and transform lives. For more information, visit the Cardinals website **here**!

Speaker Series Occasional opportunities after worship at 11:15am
“Hope Without Borders: Delivering Vaccines Where They’re Needed Most,” by Dawn Jones-Goldstein, MS.
Sunday, July 12 | 11:15am | Heritage Room

Our speaker, Jones-Goldstein, is a Pfizer vaccine scientist and a member of Parkway UCC. She works at Pfizer’s Chesterfield location, which primarily focuses on vaccines research and development. Key work includes formulation, development, analytical testing, and manufacturing of drug candidates for clinical trials. Dr. Jones-Goldstein’s presentation will explore how global collaboration has changed the trajectory of childhood disease in Southern Africa — and how emerging vaccines against RSV and Group B Strep (GBS) may further reduce infant death and lifelong disability. Together, we’ll look at what happens when science, stewardship, and compassion intersect to protect the next generation.

PUCC Remnants Remaining
Good day!
Amazing progress this week in our sorting and cleaning efforts!
Thanks to all!
This is what we have remaining...



We feel that these items aren’t impeding any walkways or access, so we will keep them here for the rest of the week.
Similar to last Sunday after worship-fellowship-Speaker Series, and people taking whatever they would like, we will ask PUCCers to load their cars and drop items off at their local resale shops on their way home - or Monday.

Worship with us this Sunday, July 12

eNews leading up to Sunday, July 5
Worship with us this Sunday at 10am! Join us here at PUCC or not YouTube Live (@parkwayuccstl)... or participate any time later on YouTube.

We are all unique, beloved... and we all belong here! Jesus’ parable reminds us that not everyone has the same experiences or the same support or people/things around them that help them to thrive and grow. What kind of community are we and how do we help foster the kind of environment (past, present, future) where people can be their authentic selves?

We will reaffirm our Open and Affirming Covenant (2008).

Worship bulletin **here**!

Songs include: *You Are Welcome Here; Draw the Circle Wide; Spirit of the Living God; I Have Decided to Follow Jesus; Just As I Am; For Everyone Born, A Place at the Table; I’m Gonna Live So God Can Use Me; Impartial, Compassionate God of All Lives*

Make a Joyful Noise unto the Lord!
First three Sundays of June, July, and August—come at 9 am to practice, sing in the service.
1st Sunday: Soprano and Alto voices. (Historically “women's voices,” properly “higher voices”)
2nd Sunday: Tenor and Bass voices. (Historically “men's voices,” properly “lower voices”)
3rd Sunday: All voices! Come “try it on” if you are interested in becoming involved in Parkways quickly growing Music Ministry program!
4th Sunday: PUCC instrumentalists and/or small ensemble of singers.
Want to learn more? Contact **aria@parkwayucc.org**

*****

Prayer Partner Before and After Worship this Sunday
PUCCer Gabriel Requadt is available this Sunday in the front left corner of the sanctuary before and after worship to pray confidentially with individuals. He is a graduate of Eden Seminary, a licensed pastor and is heading toward his ordination examination in June. He will call on the presence of God and help create a safe spiritual space with you. Gabriel will listen to you as you tell him a bit about your prayer request. He will offer an affirmative prayer out loud, reminding you of your inner strengths rather than ask God for a specific outcome. He will pray that you are guided by God’s infinite love, presence and support... and that any joy or gratitude will be multiplied, and any fear or doubt will be transformed into peace and confidence.

WISE Team Inquiry: A United Church of Christ Ministry Mental Health
Our church is looking at the possibility of becoming a WISE church as set forth by our United Church of Christ.
(WISE = Welcoming, Inclusive, Supportive, Engaged)
We are at the start of this journey and are hopeful it will be a blessed one. If you are interested in being considered for the WISE Team that would play a formative role in this exploration and study, please click **here**. Thank you! Questions? Please contact **kevin@parkwayucc.org**

Prayer List Updates as of July 10

Beibarys, former exchange student of Gerry and Mike Rogers from Kazakhstan, has been awarded a scholarship for the fall semester at Algebra Bernays University in Croatia.
Bill & Gail, Christopher Haack - Bill engaged in PT; strengthening.
Family/friends of Deanna - grieving/giving thanks for her (Levin).
Someone just diagnosed - stage 4 metastatic melanoma (McKenzie).
Ongoing chaos in the Middle East - including for the people of Iran.
The continuing war with Ukraine and Russia.
Our St Louis neighbors finding their way after May ’25 tornado
Uganda and The Congo *in a time of Ebola.*
US military and families - Sera Watkins and **Anthony Williams.**

Drivers Needed
From time to time, PUCCers are in need of rides to medical appts when their usual circle of support is unavailable. Some in our church family also need help getting to worship. Please let kevin@parkwayucc.org know you are willing to help. You will be added to the list of potential drivers and will receive an email once we have a request for a ride.

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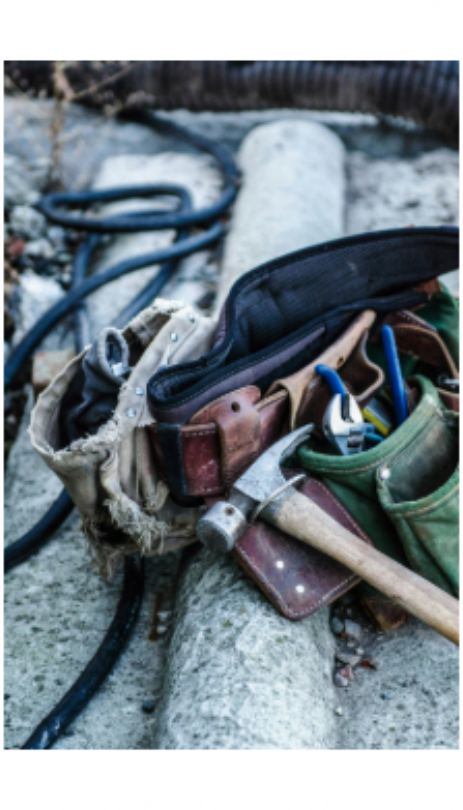
PUCC Announcements

Job posting Christian Education and Youth Director
A great opportunity for a part-time 20 hours/week Christian Education and Youth Director. We are a faithful people with a warm heart and generous spirit. We are an intentionally inclusive congregation in a great facility in a prime location. We want to become even more vital and relevant to children, teens and adults. Please contact us if you would like to know more – **employment@parkwayucc.org** Parkway United Church of Christ ~ 2841 N Ballas Rd, St Louis, MO 63131; parkwayucc.org; 314-872-9330

Listening to Our Online Worshipers!
Wednesday, July 15 at 10am | Sunday, August 2 at 11:5am

Whether you worship with us online regularly or from time to time, we want to hear from you. Please join us for a Zoom conversation about your online worship experiences. We want to learn from you so we can better support and engage with you. Please RSVP for one or more of these opportunities and we will send you the Zoom link and some of the questions that we hope will spark good sharing. Questions? Speak with **kevin@parkwayucc.org**



Habitat for Humanity Weekday Crews
Parkway has filled our quota for Habitat/Parkway days on **July 11** and **August 1**, but Habitat is always looking for weekday volunteers. Contact Tabatha for details at **tabatha@habitatstl.org** For more info, reach out to Tom McKenzie at **mckenzie1947@att.net**

Youth Mission Trip 2026 STL Experience
God is still speaking! We are planning on doing a Saint Louis mission trip from **Sunday, July 19** after worship service until **Thursday, July 23**. Doing the mission trip here will allow for more flexibility between ourselves and your families. We'd love to have your youth for all of it, or even some of the service projects. We'll have a variety of projects ranging from beautifying the church to helping the greater Saint Louis community, topping things off with a St. Louis Riverfront Cruise! For more info, or if you’d like to help during this, please reach out to Gabriel Requadt **gabriel@parkwayucc.org**

STL Riverfront Cruise - Extra Tickets!
We have *three extra tickets* to the Riverfront Cruise happening **Thursday, July 23 at 6pm**, with the youth at their end of their mission trip experience. Catch some of the best downtown views with a riverboat cruise in St. Louis. The riverfront cruise lasts for one-hour along the Mississippi River. The riverboats are docked on the historic cobblestone levee on the St. Louis Riverfront. If you would like one of the tickets, please email **gabriel@parkwayucc.org**

Information Session Missouri Amendments in August and November
Sunday, July 26 | 11:15am-12:30pm | Heritage Room

The ballot for the upcoming August and November elections will contain several proposed amendments to the Missouri Constitution that will have a major and long-lasting impact on our state.

Aside from the info session happening at Congregation Shaare Emeth in June, Michelle Singer is hosting an event after worship to help us also understand the effects of a yes or no vote on these important ballot measures. Gain the knowledge you need to make an informed decision on these amendments BEFORE you enter the voting booth. For more info, contact Michelle Singer **mrsinger71@gmail.com**

NAMI Night at the Ballpark
Tuesday, July 28 | 6:45-10pm | Busch Stadium NAMI

Night at the Ballpark! Come cheer on the Cardinals as they take on the Chicago Cubs. Ticket price is $50 and includes a right-field loge seat, a jumbo hot dog and soda and a special t-shirt supporting the National Alliance on Mental Illness (NAMI). If you would like to join us, please contact Amy Yakel at 314-956-0217 or **da_yakel@att.net** by Sunday, July 19.

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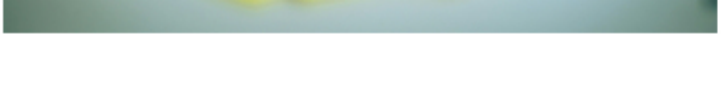
Recurring PUCC Events

POLLINATOR GARDEN The Eco Stewards often tend the Pollinator Garden on Monday nights. Anyone is welcome, but with weather and summer vacations we aren't there every Monday night, so please contact Polly Rutherford before planning to at **pollyrutherford@gmail.com**

Speaker Series Occasional opportunities after worship at 11:15am
“The Life and Legacy of Teddy Roosevelt,” by Sam Harned.
Sunday, July 19 | 11:15am | Heritage Room
Our Speaker explores the remarkable life and career of Teddy Roosevelt, from his youth in Gilded Age New York through his political rise and eventful postpresidential years. As one of America’s first truly activist presidents, Roosevelt helped shape the political landscape of the early 20th century. His biography is filled with energy, ambition, and action. Sam Harned was a legendary Clayton High School history teacher, now retired but never far from an opportunity to teach. Sam is known for a teaching style that sometimes emphasizes minimal technology. No power points here!

All programs are held in the Heritage Room following worship. Grab your coffee and a pastry and come join us. Questions? Richard Scherrer at **90fivetpr@gmail.com**



Coffee and Conversation at Panera
Wednesday, July 15 | 2pm
Panera on Manchester Rd, Des Peres

Join us for a beverage and sweet treat. Come connect! No need to RSVP - just show up!

Upcoming dates:
Friday, August 21 at 10am
Tuesday, October 20 at 2pm
Monday, December 7 at 2pm
Wednesday, July 15 at 2pm
Monday, September 21 at 2pm
Wednesday, November 11 at 10am Wednesday, January 20 at 10am

Questions? Contact kevin@parkwayucc.org; 314-872-9330

Prayer Partner: an opportunity to pray with someone
Friday, July 31 | 1-3pm
Sanctuary

Drop-in Prayer Time.
Kevin will be at church.
Come on by if you'd like to pray together. Please text Kevin (314-330-0629) when you arrive.

Upcoming dates in the Sanctuary:
Monday, Aug 31 from 7-9pm
Saturday, Oct 10 from 7-9am
Monday, Dec 14 from 7-9pm
Friday, July 31 from 1-3pm
Friday, Sept 25 from 6:30-8:30am
Tuesday, Nov 17 from 3-5pm
Wednesday, Jan 13 from 10am-12pm

We can arrange a phone call or Zoom for another time if you'd like. Just reach out to **kevin@parkwayucc.org**

TED on Summer Break ~ See You in August!
TED is now on Summer Break. It's a good time to pick a fun summer read then join us when we resume in August and we can share our cool book adventures. We will start up again on **August 11** and will resume our usual schedule of meeting in the Heritage Room on the 2nd and 4th Tuesday of every month at 6pm for Potluck Supper followed by 7pm book discussion. We meet in person and also have Zoom available at each meeting. Have a fun summer and we'll see you in August!

For questions contact Helen Race at **raceh@att.net**

TAD is Taking a Break
Tuesday Afternoon Dialogue is taking a break until sometime in August. We'll resume meeting in August, and we will discuss books we've read over the break and will choose our next books then.

For more info, contact Jackie Eiffert **jeiffert2@gmail.com**

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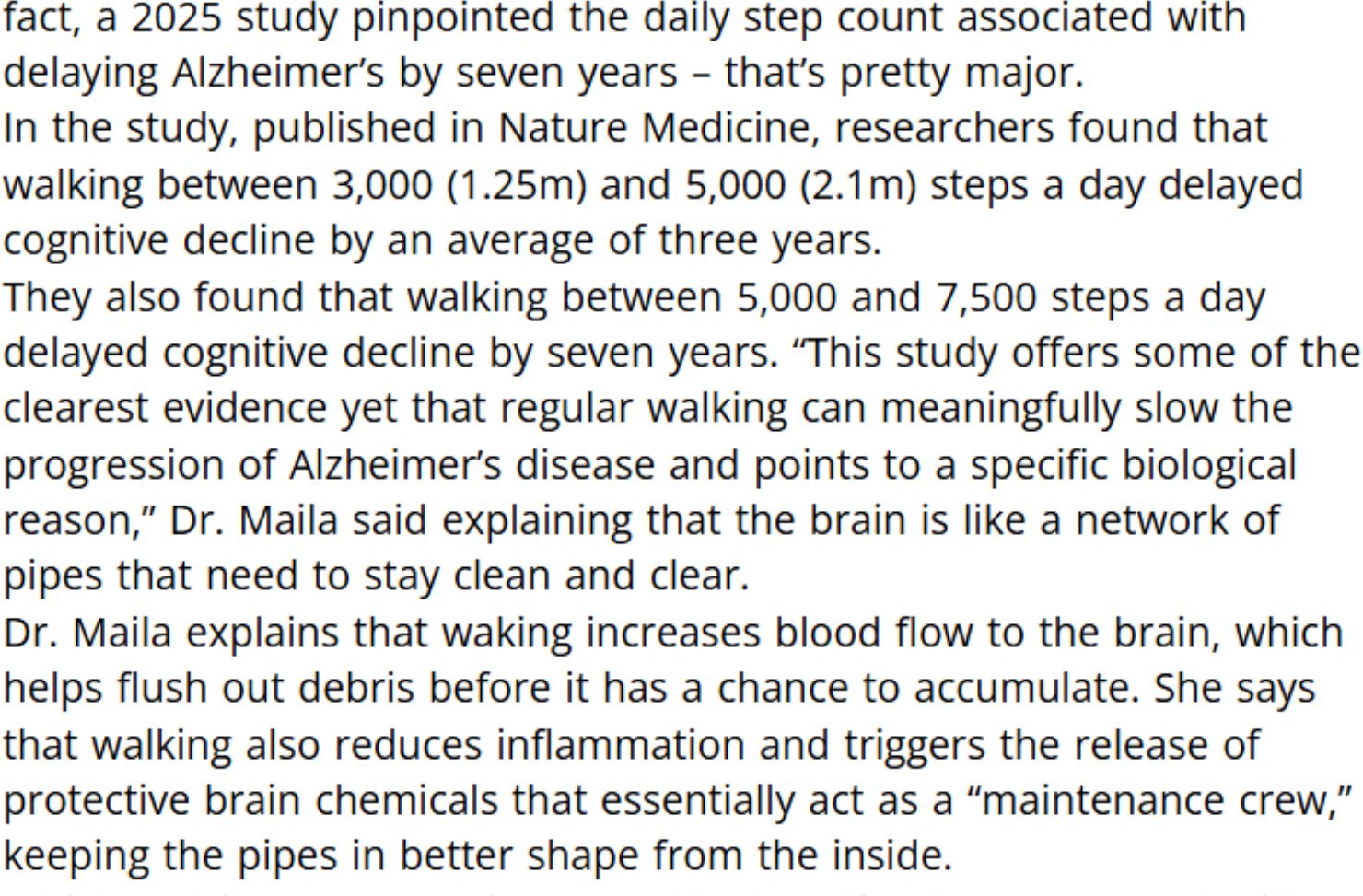
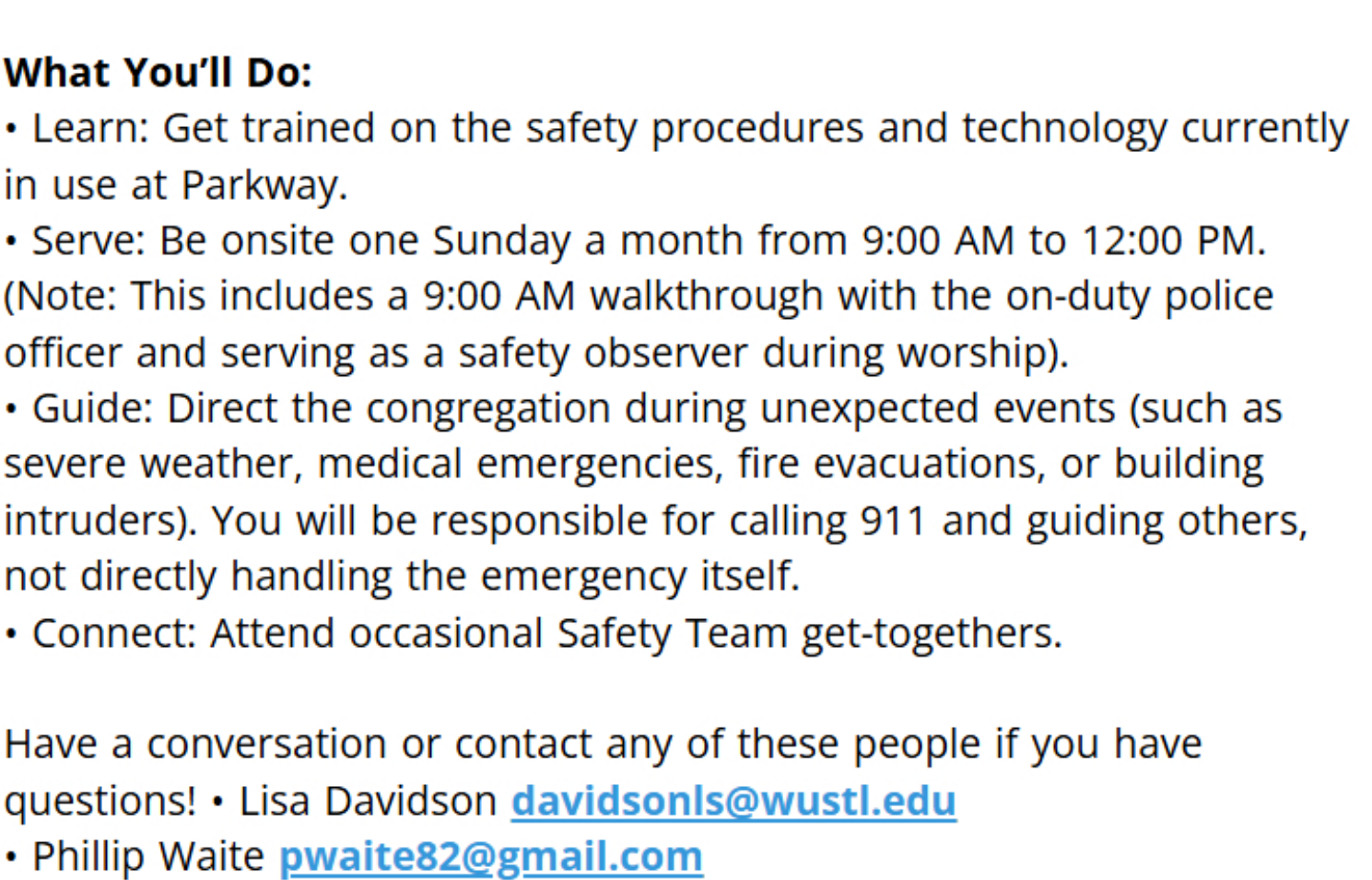
Other PUCC News



July Alzheimer's News Scientists identify 'daily step count' to delay Alzheimer's by 7 years
In this age of biohacking and taking wellness habits to extreme, it's easy to overlook the small, daily habits that keep us healthy. But those habits are often the most powerful.
A simple habit that many people underestimate is walking. Walking not only lowers the risk of heart disease; it lowers the risk of Alzheimer's. In fact, a 2025 study pinpointed the daily step count associated with delaying Alzheimer's by seven years – that's pretty major.
In the study, published in Nature Medicine, researchers found that walking between 3,000 (1.25m) and 5,000 (2.1m) steps a day delayed cognitive decline by an average of three years.
They also found that walking between 5,000 and 7,500 steps a day delayed cognitive decline by seven years. "This study offers some of the clearest evidence yet that regular walking can meaningfully slow the progression of Alzheimer's disease and points to a specific biological reason," Dr. Maila said explaining that the brain is like a network of pipes that need to stay clean and clear.
Dr. Maila explains that waking increases blood flow to the brain, which helps flush out debris before it has a chance to accumulate. She says that walking also reduces inflammation and triggers the release of protective brain chemicals that essentially act as a "maintenance crew," keeping the pipes in better shape from the inside.
A higher daily step count increases the benefits. You may wonder if running is more beneficial for brain health than walking. "The faster you go, the more steps you get in," Dr. Rong Zhang, PhD., a Southwestern neurologist says that walking and running are both beneficial.
"Effects of running versus walking on the brain may be influenced by age. For instance, running at high intensity may be more beneficial to younger or middle-aged people. Walking, a relatively low intensity of exercise, may be more suitable for older adults to maintain brain health," he says. In both cases, there is increased blood flow to the brain, which is why both are beneficial. So, if you enjoy walking more than running, stick with that; your brain will certainly benefit.
For more details on current and future Alzheimer's research, visit alz.org/Research. You can learn more by going to www.alz.org/helpsupport/resources or the Alzheimer's Helpline which is accessible 24/7 via 800-272-3900 and staffed by master's level clinicians to assist with crisis situations, decision making, and disease information. Tools and support are also available in Spanish.
Want to learn more about the Alzheimer's Association and what they do here in St. Louis? Visit www.alz.org and/or contact PUCC's Faith Outreach Ambassador with the Alzheimer's Association, Joyce Ruiz at **joyceruiz7@gmail.com**

Support WashU Research Public Comment Opportunity
The federal government has proposed significant changes to regulations governing federally funded research that could impact research, clinical trials, student training, and innovation at Washington University. The WashU community is encouraged to learn more, submit a public comment, or sign a petition through the Protect Our Research Enterprise campaign. The public comment period closes **July 13**. Visit the Protect Our Research Enterprise website through **here** to learn more and participate, or contact Lisa Davidson **davidsonls@wustl.edu**

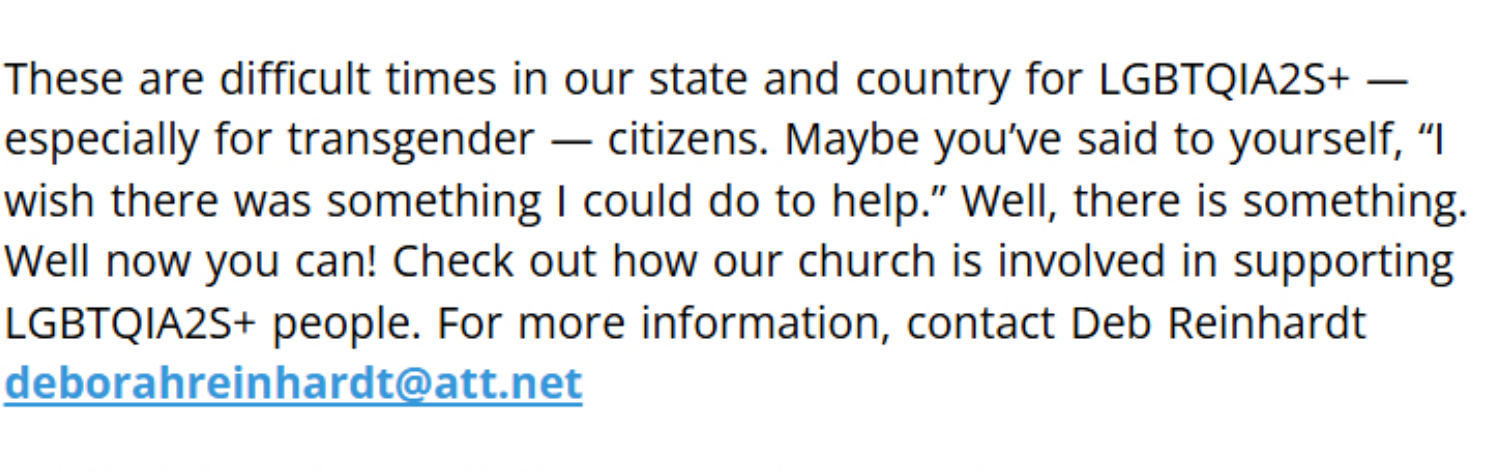


Join the PUCC Safety Team!
The Safety Team is looking for a few more members to help ensure Parkway UCC remains a safe, welcoming place for everyone on the premises during our Sunday Morning Experience.

As a team member, you will build relationships with Council members, church staff, the congregation, building renters, and local emergency services (medical, fire, and police).

What You'll Do:
• Learn: Get trained on the safety procedures and technology currently in use at Parkway.
• Serve: Be onsite one Sunday a month from 9:00 AM to 12:00 PM. (Note: This includes a 9:00 AM walkthrough with the on-duty police officer and serving as a safety observer during worship).
• Guide: Direct the congregation during unexpected events (such as severe weather, medical emergencies, fire evacuations, or building intruders). You will be responsible for calling 911 and guiding others, not directly handling the emergency itself.
• Connect: Attend occasional Safety Team get-togethers.

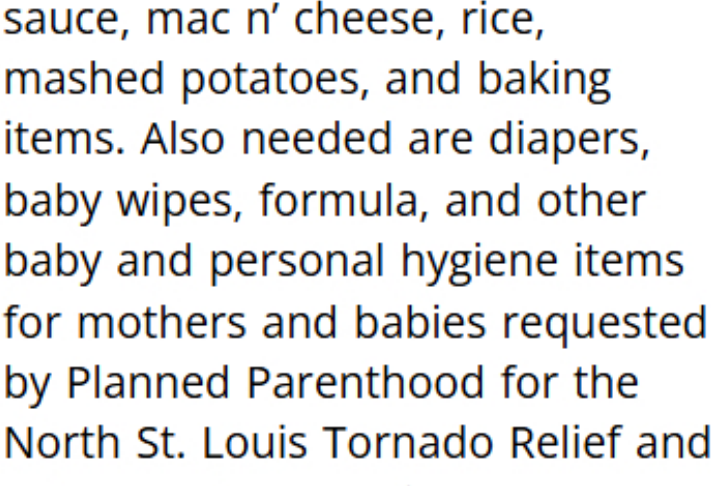
Have a conversation or contact any of these people if you have questions! • Lisa Davidson **davidsonls@wustl.edu**
• Phillip Waite **pwaite82@gmail.com**
• Nick McMillon **mcmillon2004@att.net**
• Karen Mariani **ksmariani59@gmail.com**
• Rich Race **racerichardg@gmail.com**



July news from Faith Alliance
Wow, what a busy and rewarding Pride Month! A photo wrap up, as well as member article by Laura Roberts from Grace UCC in O'Fallon, Mo, are part of this info-packed newsletter. Take a minute to give it a read, and as always, suggestions are always welcome. You can do so through **here**!

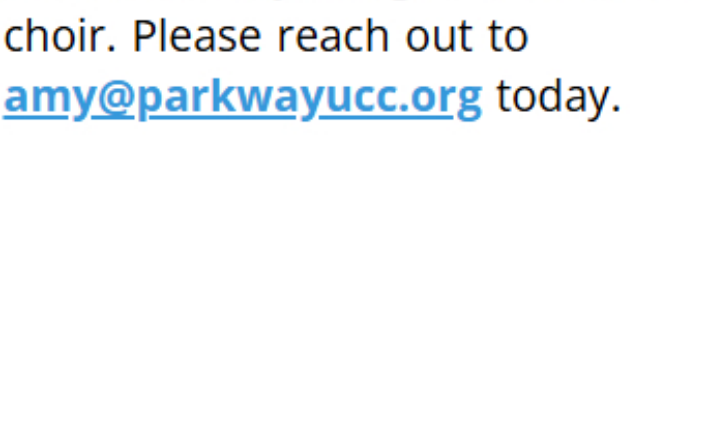
I'm also thinking about this month being the Faith Alliance's anniversary! Two years ago, July 20, a small group of us met around a table at Parkway UCC to formulate an idea of an coalition of affirming congregations. While there always will be more we can do, let's take a moment to reflect on what's been achieved. You all are a blessing! Happy Anniversary, friends! Love, Deb **deborahreinhardt@att.net**

These are difficult times in our state and country for LGBTQIA2S+ — especially for transgender — citizens. Maybe you've said to yourself, "I wish there was something I could do to help." Well, there is something. Well now you can! Check out how our church is involved in supporting LGBTQIA2S+ people. For more information, contact Deb Reinhardt **deborahreinhardt@att.net**



Give-A-Meal Sundays ~ Sharing our abundance with those who are in need
Thanks to your generous donations to our two partner food pantries, Isaiah 58 and Circle of Concern, on the first Sunday of the month. Please continue to add extra nonperishable food items as you are able for the North St. Louis Tornado Relief collection. Suggested items are canned green beans, corm, fruit, soups, peanut butter, jelly, pasta, meats, packages of spaghetti and pasta sauce, mac n' cheese, rice, mashed potatoes, and baking items. Also needed are diapers, baby wipes, formula, and other baby and personal hygiene items for mothers and babies requested by Planned Parenthood for the North St. Louis Tornado Relief and other nearby agencies.

Questions? Please contact Sally Dodge **s.dodge@hotmail.com** or Evelyn Buretta **burettaevelyn@gmail.com**



OUR MUSIC MINISTRY
As we continue to develop our partnership with Amy Freeman as our organist/pianist, we're seeking more people to be a part of our music program. We're looking for individuals willing to sing a solo, duet, trio or to sing with a group and/or to sing with the First Sunday Choir each first Sunday of the month at 9am. We're also gathering names of instrumentalists who'd share their talents in worship, and those interested in joining a hand chime choir. Please reach out to **amy@parkwayucc.org** today.

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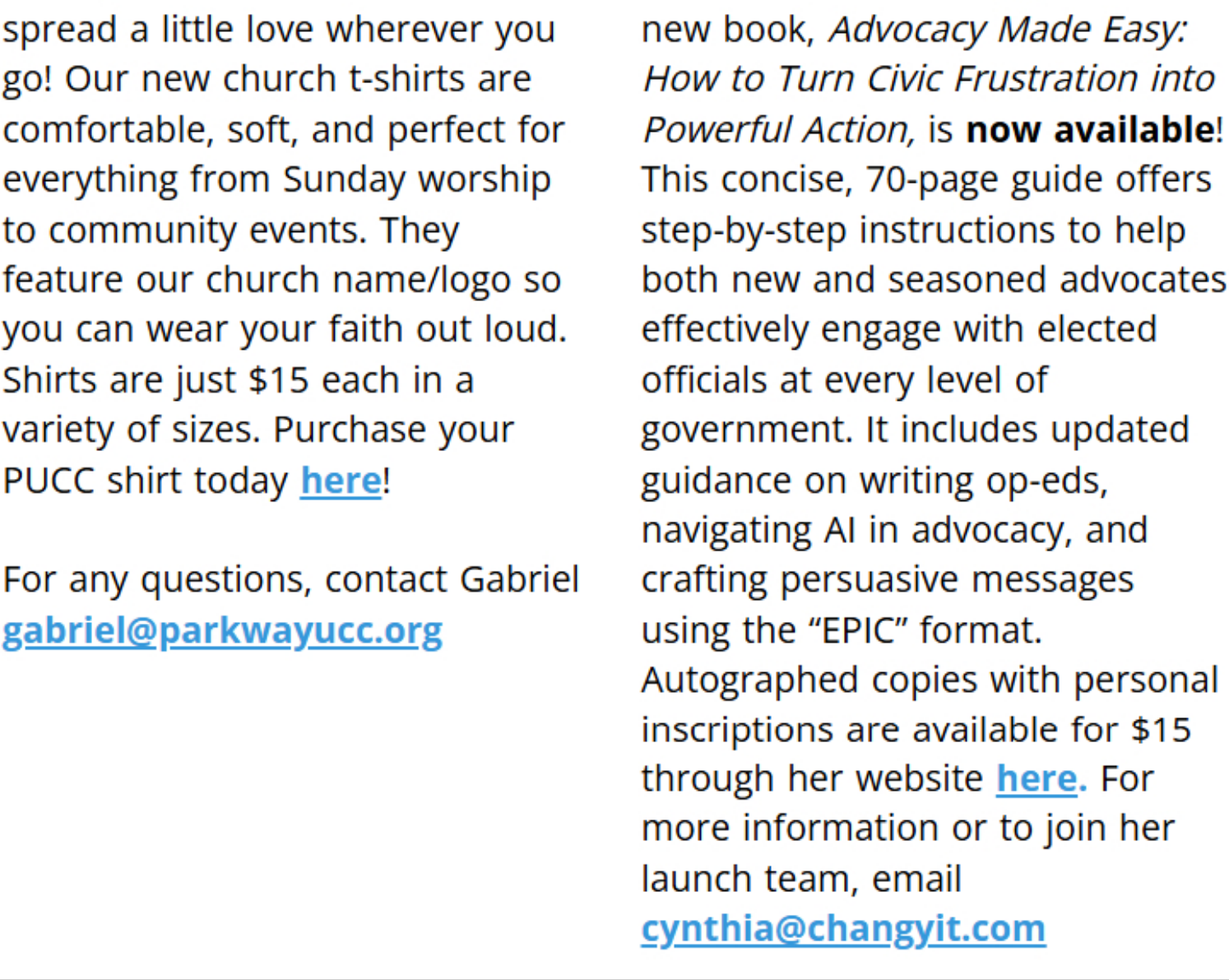
Community Happenings


July Jubilee of Magic!
A KIDS' MAGIC SHOW
Chef Bananas!
Steve Z!
Silly Jilly!
Christian the Magician!
July 18th 2pm
Tickets: $5 for kids (under 18) & $10 for adults
Parkway UCC - 2841 N Ballas Rd. - St. Louis - 63131
Brought to you by the International Brotherhood of Magicians - St. Louis Chapter

PUCC Marketplace

PUCC Shirts Available for Sale!
Show your church spirit and spread a little love wherever you go! Our new church t-shirts are comfortable, soft, and perfect for everything from Sunday worship to community events. They feature our church name/logo so you can wear your faith out loud. Shirts are just $15 each in a variety of sizes. Purchase your PUCC shirt today **here**!

For any questions, contact Gabriel **gabriel@parkwayucc.org**

New Book! *Advocacy Made Easy*
PUCCer Cynthia Changyit Levin's new book, *Advocacy Made Easy: How to Turn Civic Frustration into Powerful Action,* is **now available**! This concise, 70-page guide offers step-by-step instructions to help both new and seasoned advocates effectively engage with elected officials at every level of government. It includes updated guidance on writing op-eds, navigating AI in advocacy, and crafting persuasive messages using the "EPIC" format. Autographed copies with personal inscriptions are available for $15 through her website **here.** For more information or to join her launch team, email **cynthia@changyit.com**

Christian Education Updates

CEnews Link
You can find the **July 9** Christian Education newsletter **here**! If you'd like to be included in the CEnews mailing list, please just contact **gabriel@parkwayucc.org**

Taking the Story Home
Want to take the story home to go deeper with the lesson or your family missed last Sunday? Click **here**! We'll also have ample photos from events that the children & youth do through the year.

Join the Sunday School Ministry Team
We're looking for two volunteers to help teach Sunday School! If you enjoy working with kids and youth, this is a great way to serve—low commitment, just one or two Sundays a month.

Interested? Contact Gabriel Requadt, Director of Christian Education, at **gabriel@parkwayucc.org** or 314-872-9330 x101.

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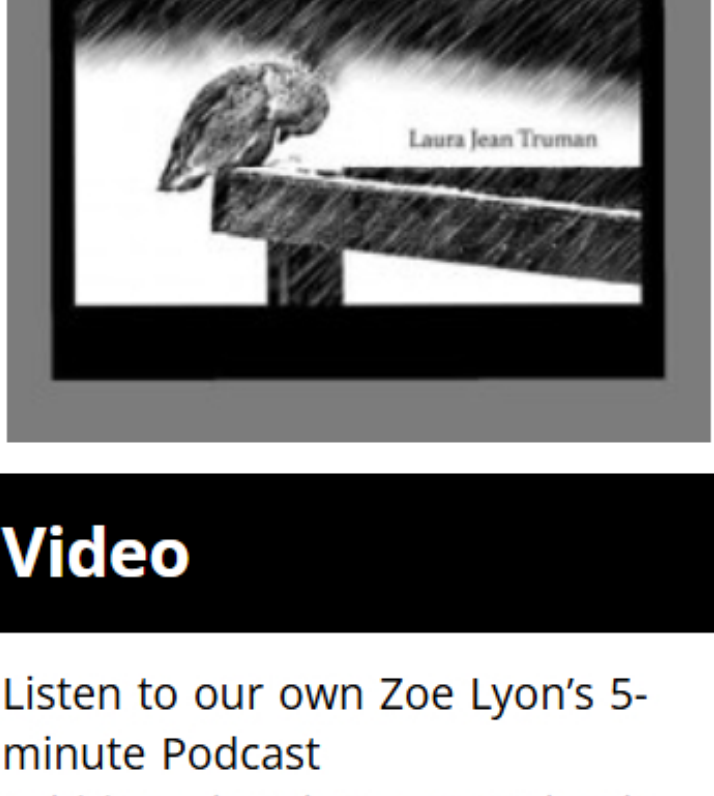
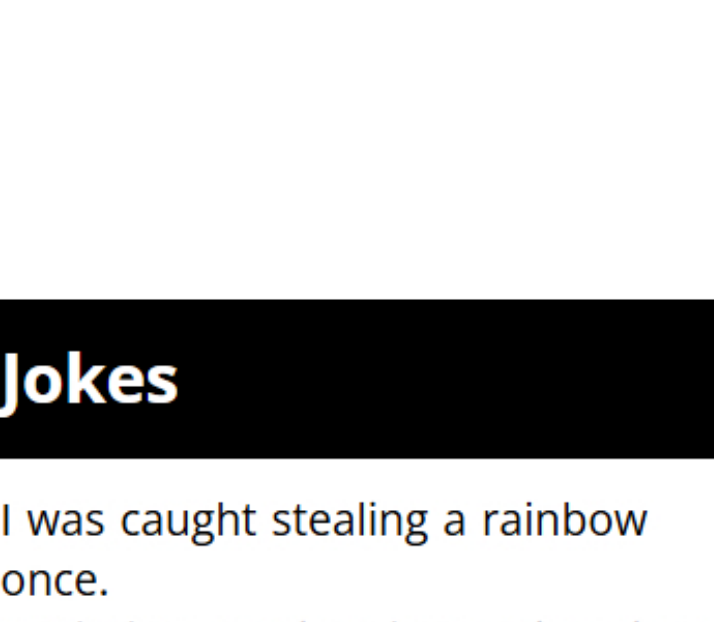
Ponder


SHE'S
SOMEONE~~'S~~
~~DAUGHTER~~
~~SISTER~~
~~MOTHER~~


People's Prayers for Peace
UNITED CHURCH OF CHRIST

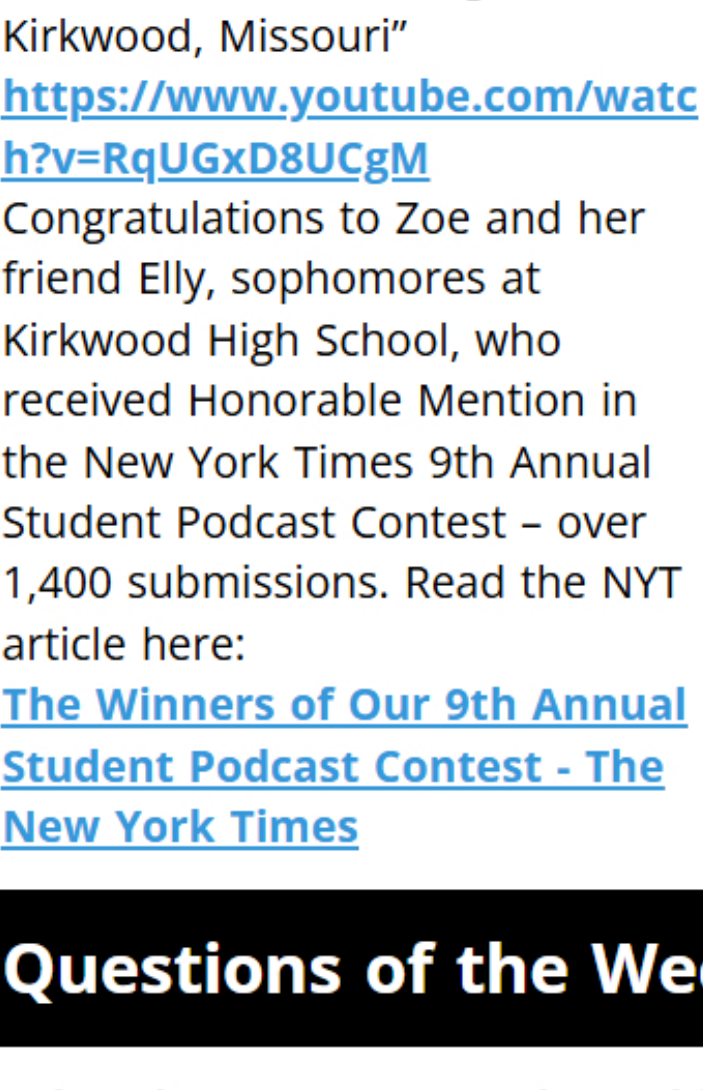
Holy and loving God,

We come before you with open hearts.
We pray for peace in our world where there is violence,
for healing where there is pain,
for justice where there is inequality,
and for hope where people feel weary or afraid.

Teach us to be instruments of your love.
Give us courage to stand with the vulnerable,
wisdom to seek understanding, and compassion to care
for one another across every difference.

Bless our communities, our nation, and all people of
the earth. May your Spirit guide us toward a more just,
peaceful, and compassionate world for all . Amen.

-Juan Perea
Chicago, IL



Keep my anger
from becoming meanness.
Keep my sorrow
from collapsing into self-pity.
Keep my heart
soft enough to keep breaking.
Keep my anger
turned towards justice,
not cruelty.

Remind me that all of this,
every bit of it,
is for love.

Keep me fiercely kind.

Laura Jean Truman

Video

Listen to our own Zoe Lyon's 5-minute Podcast "Hidden Histories: Integration in Kirkwood, Missouri" **https://www.youtube.com/watch?v=RqUGxD8UCgM**
Congratulations to Zoe and her friend Elly, sophomores at Kirkwood High School, who received Honorable Mention in the New York Times 9th Annual Student Podcast Contest – over 1,400 submissions. Read the NYT article here:
The Winners of Our 9th Annual Student Podcast Contest - The New York Times

Jokes

I was caught stealing a rainbow once.
Ended up getting thrown in prism.

What do you find at the end of a rainbow?
A "W"

How much does a rainbow weigh?
I don't know for sure, it's light!

What did the rainbow say to the pot of gold?
You'll be the end of me.

Questions of the Week

What do you want people to think when they first meet you? What inspires you to be inclusive?

What has caused your inclusivity and hospitality to falter? What did you do about it once you noticed it?

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Taking Care of Business

Please use the form at **https://app.onechurchsoftware.com/pucc/forms/13** for all announcements for our media. Best practice can be to type your details in a Word document and then copy those details into the form. Bulletin and eNews deadline: noon Monday. You should receive a confirmation email when you have successfully submitted your request.

Livestream Worship services at PUCC YouTube Channel HERE
There is also a subscribe button under the main heading and brief description of our church. Thank you! Questions? Please contact **barbharris@charter.net** or **cynthianouri@gmail.com**

PUCC GOOGLE REVIEW
Love our church? Want people to know how great it is and how welcome they would be here? Help spread the word by writing a Google review.

Here's how to submit your review:
1. Make sure you are logged in to your Google account. You can do this on the upper right-hand side of the page.
2. Do a Google search for Parkway United Church of Christ. Among the search results should be a separate listing for PUCC on the right side of the page. Look down this section to find and click on the "Write a Review" button.
3. You will be prompted to rate PUCC and write a review. You can add photos of PUCC if you'd like though this is optional. When finished, simply click the "post" or "submit" button.

DOWNLOAD OUR PUCC APP TODAY!
For Android, click here!
For Apple, click here!

Parkway UCC's App is a robust tool that helps us connect and communicate easily. One Church is a gamechanger that will help us to be more vital. Click **here** to see the instructions for downloading the app.

Our online member directory is a feature many of you have been waiting for! We take your privacy seriously. The directory is accessible only to PUCC members and staff who use their password to login.

We have also begun using our new front door keypad installed on the brick wall to the right of the doors by our Safety Team. Please select your own unique 4-digit code and send it to **gabriel@parkwayucc.org** so we can load it into the keypad and troubleshoot as needed.

We are happy to help you with anything and everything One Church – including taking your profile photo on Sunday mornings!

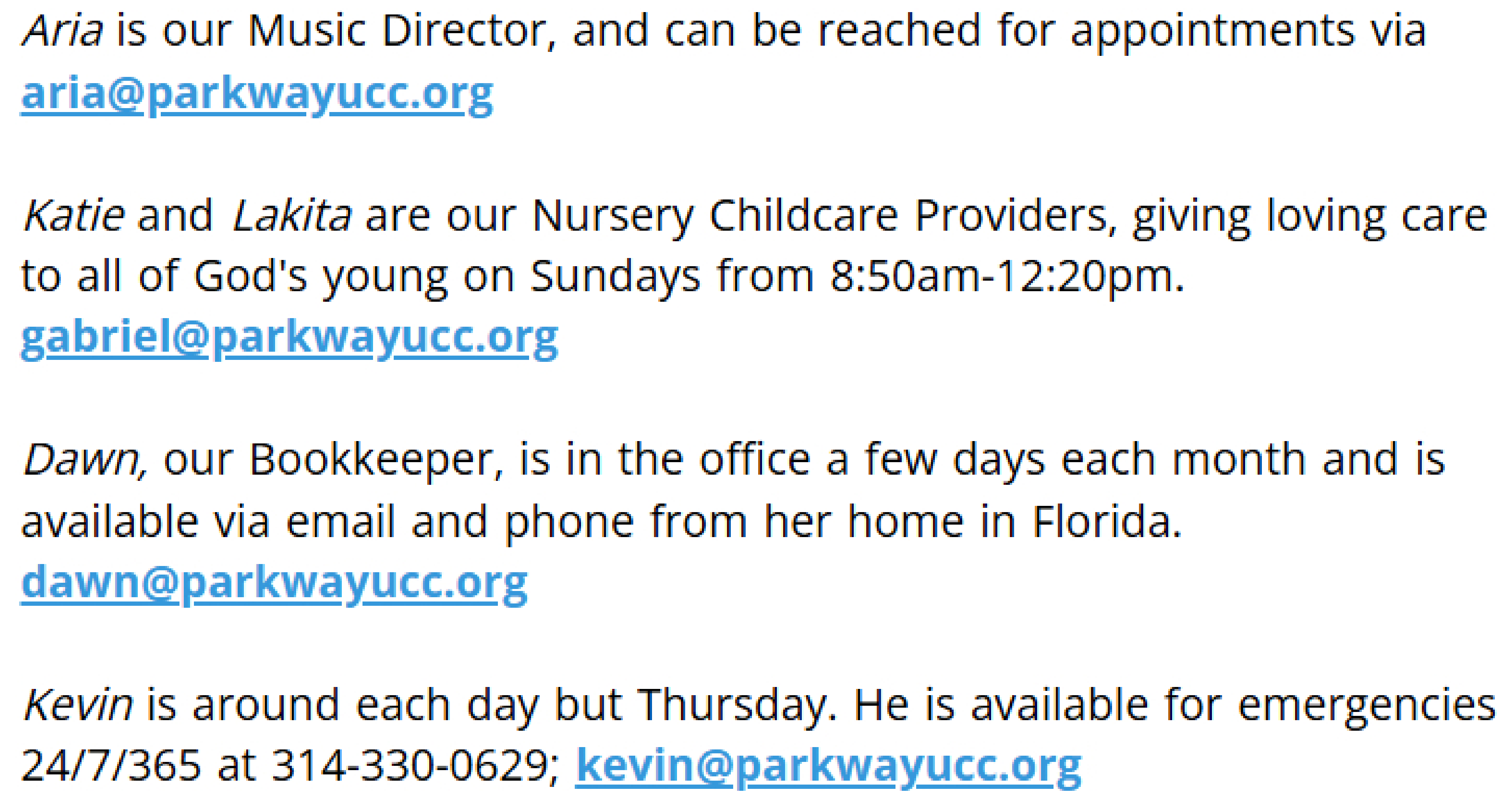
One Church Support
Join us with your phone, tablet or laptop as our One Church Team offers support, shortcuts and strategies to make your experience with our software and app more fruitful and enjoyable. People with all levels of experience with One Church are welcome to stop by the large bulletin board in the Gathering Space before or after worship this Sunday. Cindy will be there!
Questions? Please reach out to:
Cindy Nouri **cynthianouri@gmail.com**
Barb Harris **barbharris@charter.net**
Gabriel Requadt **gabriel@Parkwayucc.org**

Parkway United Church of Christ
(314) 872 9330 **contact@parkwayucc.org**
2841 N Ballas Road,
St. Louis, MO 63131

We appreciate your submissions of jokes, quotes, photos, videos, weekly opportunities, scriptures that are important to you, hymn/song suggestions, poetry, etc. We would love to hear from you: **contact@parkwayucc.org**

PUCC eNews is published weekly in order to broadcast Parkway UCC events and happenings - and items of interest to the Parkway UCC community of faith. Please submit all communications requests, by noon Monday.

Staff Configuration and Hours:
Gabriel is in the main office from 8:30am-4:30pm Monday thru Thursday, and on Sundays 8am-12pm as he focuses on Administrative Support, and Office & Building Operations. **gabriel@parkwayucc.org**



Aria is our Music Director, and can be reached for appointments via **aria@parkwayucc.org**

Katie and *Lakita* are our Nursery Childcare Providers, giving loving care to all of God's young on Sundays from 8:50am-12:20pm. **gabriel@parkwayucc.org**

Dawn, our Bookkeeper, is in the office a few days each month and is available via email and phone from her home in Florida. **dawn@parkwayucc.org**

Kevin is around each day but Thursday. He is available for emergencies 24/7/365 at 314-330-0629; **kevin@parkwayucc.org**