PARKWAY
UNITED CHURCH OF CHRIST
ALL ACCEPTED, NO EXCEPTIONS

LIMITLESS LOVE
COURAGEOUS ACTION
SPIRITED INQUIRY

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PARKWAY
UNITED CHURCH OF CHRIST

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Happening this Weekend

Listening to Our Online Worshipers!
Sunday, August 2 at 11:5am

Whether you worship with us online regularly or from time to time, we want to hear from you. Please join us for a Zoom conversation about your online worship experiences. We want to learn from you so we can better support and engage with you. Please RSVP for this opportunity and we will send you the Zoom link and some of the questions that we hope will spark good sharing. Questions? Speak with kevin@parkwayucc.org

Worship with us this Sunday, August 2

eNews leading up to Sunday, August 2
Worship with us this Sunday at 10am! Join us here at PUCC or not YouTube Live (@parkwayuccstl)... or participate any time later on YouTube.

Our gospel lesson is Matthew 14:13-22 where Jesus multiplies bread and fish to feed well over 5,000 people. One of the versions of this story has the bread and fish come from a generous young boy in the crowd.
Our Hebrew Bible lesson is Genesis 32:22-31when Jacob, looking to start a new life, leans into the struggles and makes progress in further understanding himself.

We will celebrate the sacrament of communion at our open table. All are invited to receive this simple sacred meal. If you are with us remotely, please consider having some combination of bread, crackers, wine, grape juice available.

Worship bulletin here!

Songs include: *Holy Ground; Standing on the Promises; Spirit of the Living God; God, You Are Our God; Here Are Our Hearts; One Bread, One Body; For Everyone Born, A Place at the Table*

It's Give-A-Meal Sunday. Please bring gifts of non-perishable food items and/or personal care items for our neighbors in the city and county who need some help. Not sure what to purchase? How about choosing from Isaiah 58's suggestions for August: peanut butter; deluxe mac and cheese; shelf stable or dry milk; bar soap; deodorant... or Circle of Concern's current request list: pasta sauce; canned chicken; canned corn or mixed vegetables; boxed potatoes; rice; baby wipes. Thank you!

Make a Joyful Noise unto the Lord!
First three Sundays of June, July, and August—come at 9 am to practice, sing in the service.
1st Sunday: Soprano and Alto voices. (Historically "women's voices," properly "higher voices")
2nd Sunday: Tenor and Bass voices. (Historically "men's voices," properly "lower voices")
3rd Sunday: All voices! Come "try it on" if you are interested in becoming involved in Parkways quickly growing Music Ministry program!
4th Sunday: PUCC instrumentalists and/or small ensemble of singers.
Want to learn more? Contact aria@parkwayucc.org

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Prayer Partner Before and After Worship this Sunday
PUCCer Lynn Mark is available this Sunday in the front left corner of the sanctuary before and after worship this Sunday to pray confidentially with individuals. She is a trained prayer chaplain who is gentle, kind, rooted and good humored. She will call on the presence of God and help create a safe spiritual space. Lynn will listen to you as you tell her a bit about your prayer request. She will then offer an affirmative prayer out loud, reminding you of your inner strengths rather than ask God for a specific outcome. She will pray that you are guided by God's infinite love, presence and support... and that any joy or gratitude will be multiplied and any fear or doubt will be transformed into peace and confidence.

WISE Team Inquiry: A United Church of Christ Ministry Mental Health
Our church is looking at the possibility of becoming a WISE church as set forth by our United Church of Christ.
(WISE = Welcoming, Inclusive, Supportive, Engaged)
We are at the start of this journey and are hopeful it will be a blessed one. If you are interested in being considered for the WISE Team that would play a formative role in this exploration and study, please click here. Thank you! Questions? Please contact kevin@parkwayucc.org

Prayer List Updates as of July 31

Kylian Arnie Livengood born to Dan Livengood & Brittany Hagedorn
Pauline Nguyen - first baby due; Evelyn Buretta there to welcome/help.
Vivienne Reed - patient healing after jaw surgery on 07/28.
Pam Walker - healing after second knee replacement surgery.
Bill & Gail, Christopher Haack - Bill engaged in PT; strengthening.
Jill Schantz Family as they grieve/give thanks for her husband Craig.
Fain Family - meaningful, joyful employment that supports them all.
Thiemann family - grieving/celebrating Bob; Sharon's cancer care.
Sharon and Chuck - facing a number of health challenges (Rogers).
Sam Harned - fighting a return of cancer after years in remission.
The people of Seattle - grieving after deaths at a recent food festival.
The Wildfires in Canada - all those impacted and the helpers.
Ongoing chaos in the Middle East, Ukraine and Russia.
US military and families - Sera Watkins and **Anthony Williams**.

Drivers Needed
From time to time, PUCCers are in need of rides to medical appts when their usual circle of support is unavailable. Some in our church family also need help getting to worship. Please let kevin@parkwayucc.org know you are willing to help. You will be added to the list of potential drivers and will receive an email once we have a request for a ride.

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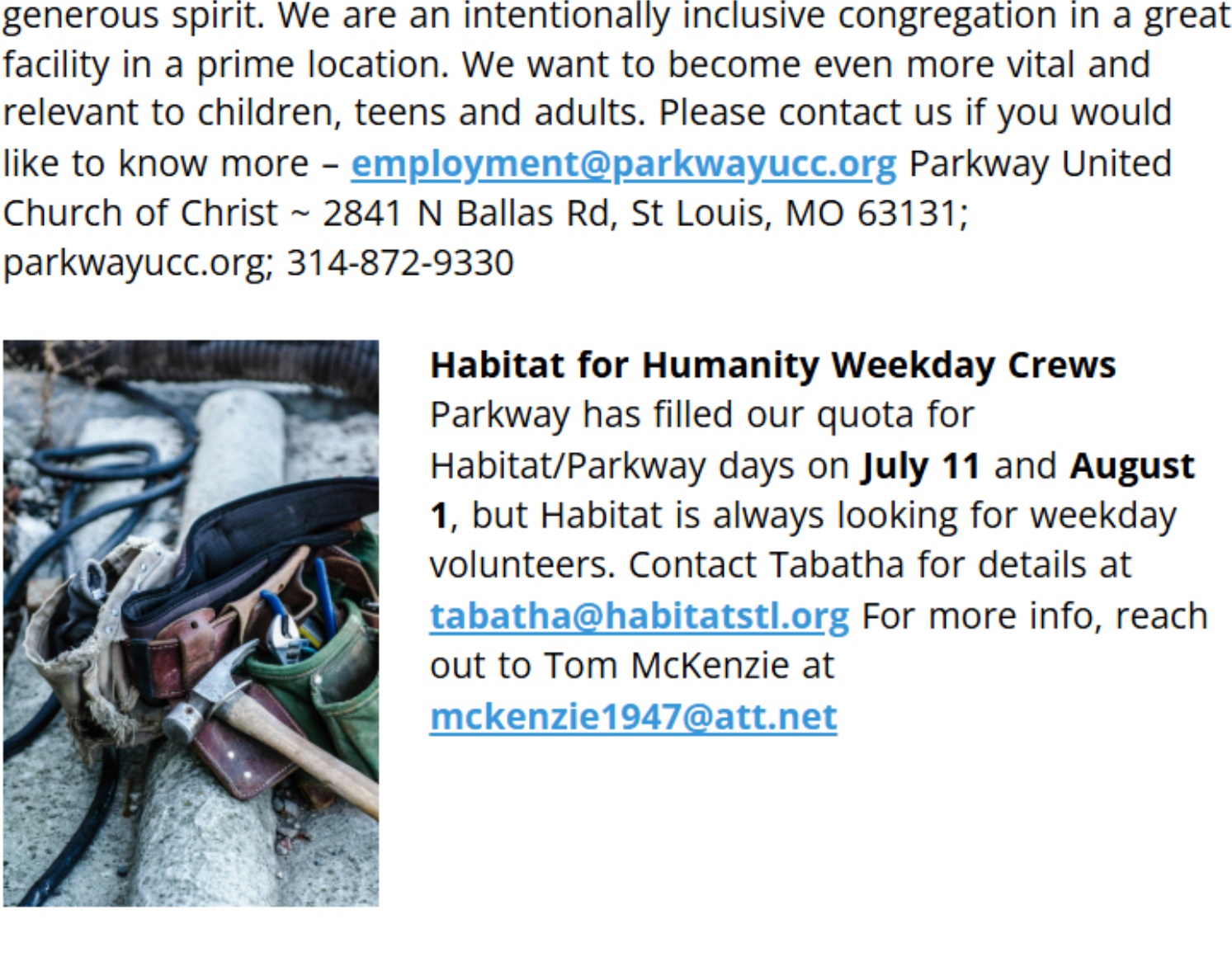
PUCC Announcements

Build and Strengthen Relationships with AMOE!
Thursday, August 6 | 9:15am | Heritage Room

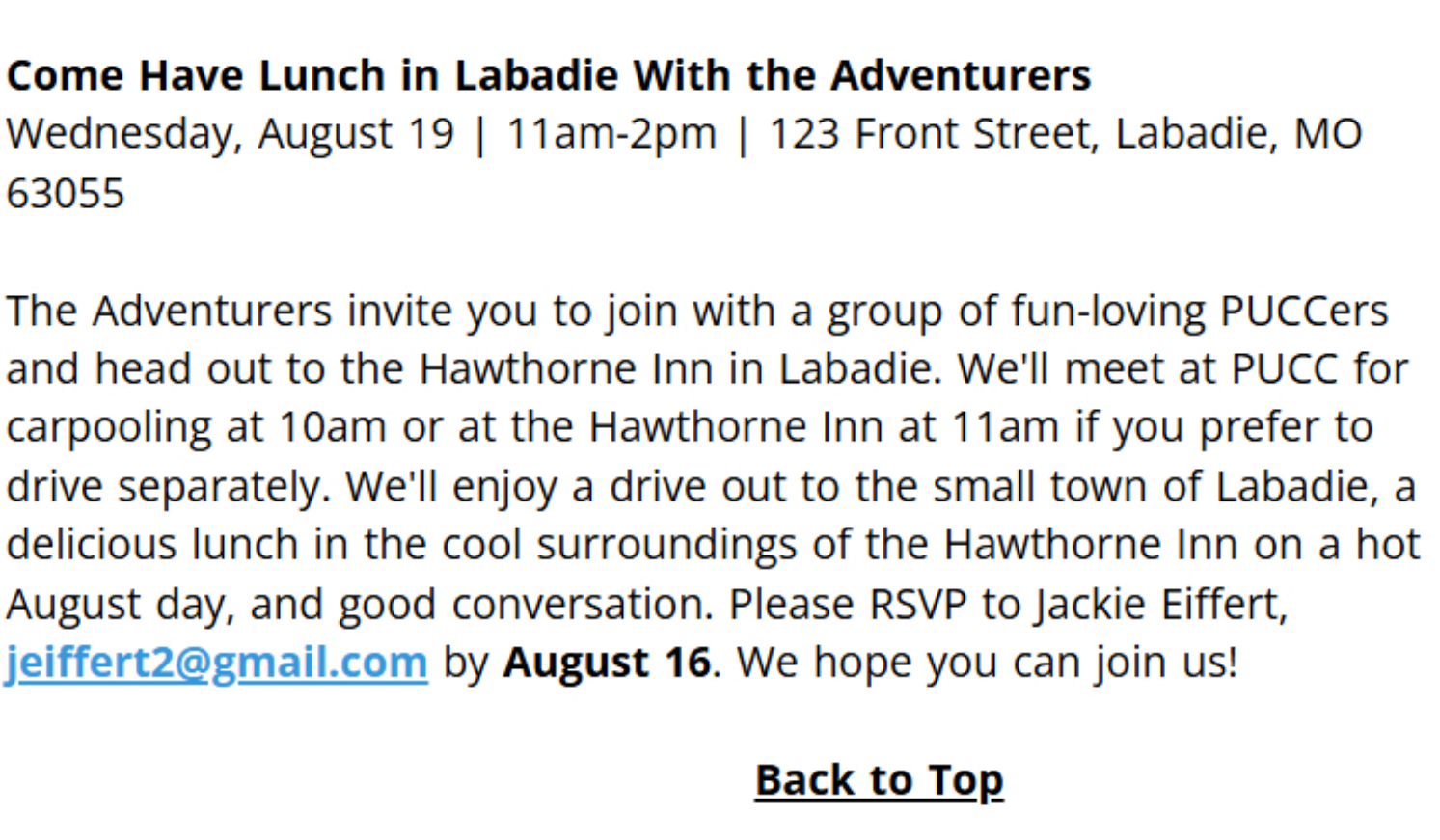
Men of Parkway Church, it is that time again to gather around some highly caffeinated beverages and solve all of the world's problems, only to completely forget our solutions by the next morning. Questions or comments, please see Richard Scherrer 90fivetpr@gmail.com

Isaiah 58 School Supply Drive
Thank you, Parkway UCC! We have met the goal for washable markers, in one weekend! If you still have some to bring, Isaiah 58 will be happy to use them. However, to meet another need, you could bring jars of Peanut Butter and Jelly. Questions contact Sally Dodge at s.dodge@hotmail.com



Job posting Christian Education and Youth Director
A great opportunity for a part-time 20 hours/week Christian Education and Youth Director. We are a faithful people with a warm heart and generous spirit. We are an intentionally inclusive congregation in a great facility in a prime location. We want to become even more vital and relevant to children, teens and adults. Please contact us if you would like to know more – employment@parkwayucc.org Parkway United Church of Christ ~ 2841 N Ballas Rd, St Louis, MO 63131; parkwayucc.org; 314-872-9330

Habitat for Humanity Weekday Crews
Parkway has filled our quota for Habitat/Parkway days on **July 11** and **August 1**, but Habitat is always looking for weekday volunteers. Contact Tabatha for details at tabatha@habitatstl.org For more info, reach out to Tom McKenzie at mckenzie1947@att.net



Come Have Lunch in Labadie With the Adventurers
Wednesday, August 19 | 11am-2pm | 123 Front Street, Labadie, MO 63055

The Adventurers invite you to join with a group of fun-loving PUCCers and head out to the Hawthorne Inn in Labadie. We'll meet at PUCC for carpooling at 10am or at the Hawthorne Inn at 11am if you prefer to drive separately. We'll enjoy a drive out to the small town of Labadie, a delicious lunch in the cool surroundings of the Hawthorne Inn on a hot August day, and good conversation. Please RSVP to Jackie Eiffert, jeiffert2@gmail.com by **August 16**. We hope you can join us!

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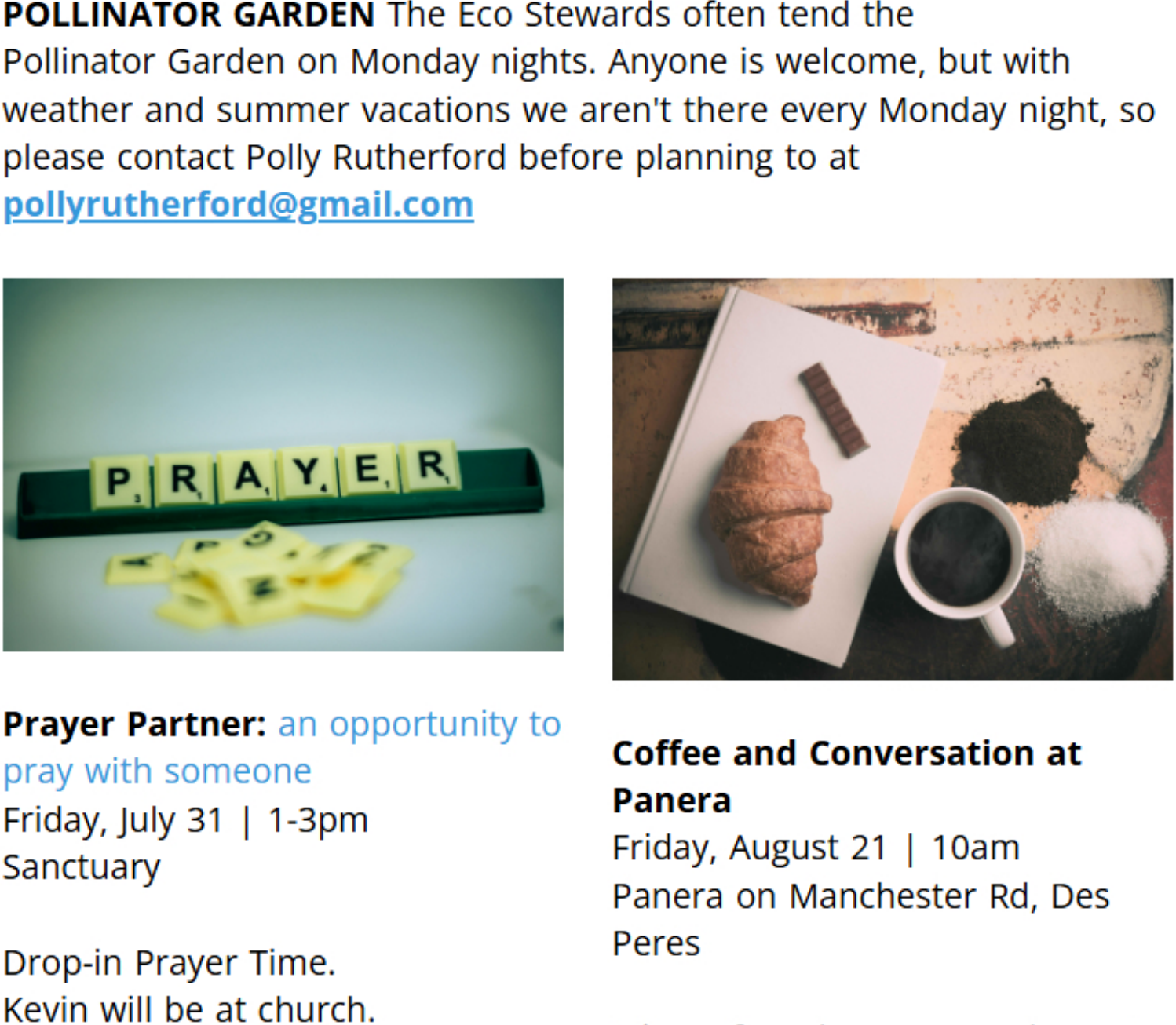
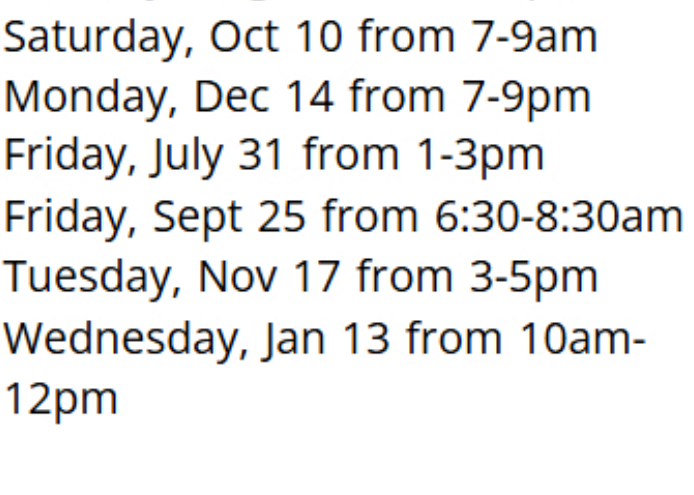
Recurring PUCC Events



POLLINATOR GARDEN The Eco Stewards often tend the Pollinator Garden on Monday nights. Anyone is welcome, but with weather and summer vacations we aren't there every Monday night, so please contact Polly Rutherford before planning to at pollyrutherford@gmail.com

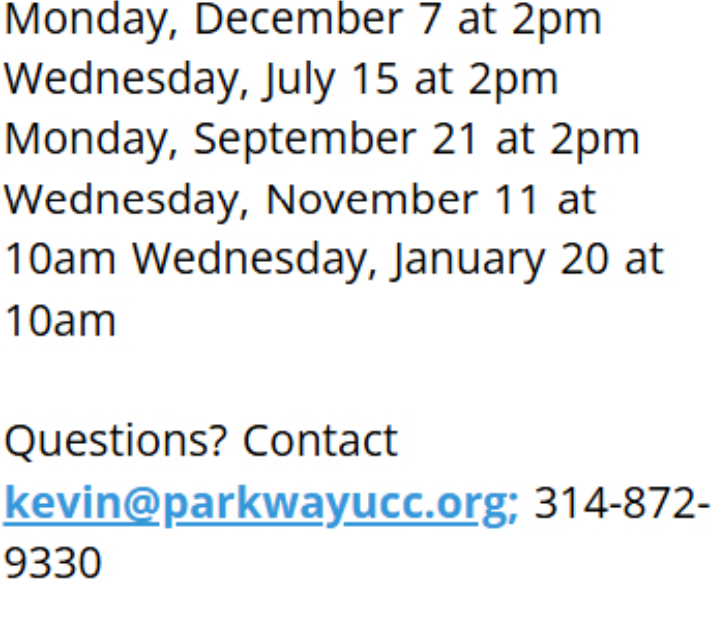


Prayer Partner: an opportunity to pray with someone
Friday, July 31 | 1-3pm
Sanctuary

Drop-in Prayer Time.
Kevin will be at church.
Come on by if you'd like to pray together. Just text Kevin (314-330-0629) when you arrive.

Upcoming dates in the Sanctuary:
Monday, Aug 31 from 7-9pm
Saturday, Oct 10 from 7-9am
Monday, Dec 14 from 7-9pm
Friday, July 31 from 1-3pm
Friday, Sept 25 from 6:30-8:30am
Tuesday, Nov 17 from 3-5pm
Wednesday, Jan 13 from 10am-12pm

We can arrange a phone call or Zoom for another time if you'd like. Just reach out to kevin@parkwayucc.org



Coffee and Conversation at Panera
Friday, August 21 | 10am
Panera on Manchester Rd, Des Peres

Join us for a beverage and sweet treat. Come connect! No need to RSVP - just show up!

Upcoming dates:
Tuesday, October 20 at 2pm
Monday, December 7 at 2pm
Wednesday, July 15 at 2pm
Monday, September 21 at 2pm
Wednesday, November 11 at 10am Wednesday, January 20 at 10am

Questions? Contact kevin@parkwayucc.org; 314-872-9330

TAD
Tuesday Afternoon Dialogue

Tuesday Afternoon Dialogue Starts Up Again August 4
1st & 3rd Tuesday | 1:45pm fellowship | 2:00-3:00pm discussion
Zoom Link (312) 626-6799;
Meeting ID: 898 7822 0593;
Passcode: 393204

Please join with TAD as we choose our fall/winter reading list on **Tuesday, August 4**. We'll talk about books that we've been reading this summer or would like to read. Then we'll choose several of the books for our fall/winter reading list. We'd love to have you! Join in at 1:45pm for fellowship or 2pm for book discussion. For more info, contact Jackie Eiffert jeiffert2@gmail.com

TED
Tuesday Evening Dialogue

TED on Summer Break ~ See You in August!
TED is now on Summer Break. It's a good time to pick a fun summer read then join us when we resume in August and we can share our cool book adventures.

We will start up again on **August 11** and will resume our usual schedule of meeting in the Heritage Room on the 2nd and 4th Tuesday of every month at 6pm for Potluck Supper followed by 7pm book discussion. We meet in person and also have Zoom available at each meeting. Have a fun summer and we'll see you in August!

For questions contact Helen Race at raceh@att.net

PARKWAY
SPEAKER
SERIES

Speaker Series Occasional opportunities after worship at 11:15am
"Fighting to preserve the rule of law: a St. Louis lawyer's year as President of the American Bar Association" by Bill Bay
Sunday, August 16 | 11:15am | Heritage Room
Bill Bay, born and raised in St. Louis, has long been a leader in the American Bar Association (ABA) and assumed the role of president in 2024-25. The ABA is the largest voluntary professional association of lawyers, judges, and law students in the world, founded in 1878. Bring your questions and comments for Bill about the role of lawyers in the life of America. We thank Bill's law partner. We can thank Mark Sableman for arranging Bill's appearance at Parkway.

"Whether its Abracadabra or Alakazam, Magic is a Wonderful Art," by Tim Shegitz.
Sunday, August 23 | 11:15am | Heritage Room
Did you know that our newest tenant at Parkway Church is the St. Louis Chapter of the International Brotherhood of Magicians. Its Vice President is St. Louisan magician Tim Shegitz. He brings decades of magical wisdom and wonder with every appearance. As a regular performer requested at the worldfamous Magic Castle of Hollywood, Tim has entertained both professional magicians and fans alike.

All programs are held in the Heritage Room following worship. Grab your coffee and a pastry and come join us. Questions? Richard Scherrer at 90fivetpr@gmail.com

AWOL
Adventurous Women Out Late

Go AWOL This Fall--Adventurous Women Out Late
Come build connections with women this fall with some fun upcoming events!

Saturday 8/22: Lunch at Tea Party - Carpool from church at 11am.

Saturday 9/26: "Little Women" at The Rep - Carpool from church at 3pm (show at 4pm). $57

Sunday 10/18: Harvest Festival at Tower Grove Park - Carpool after church.

Friday 11/13: Dinner out

More details to come. Contact Carmen Bumgarner for more info cfbum@charter.net

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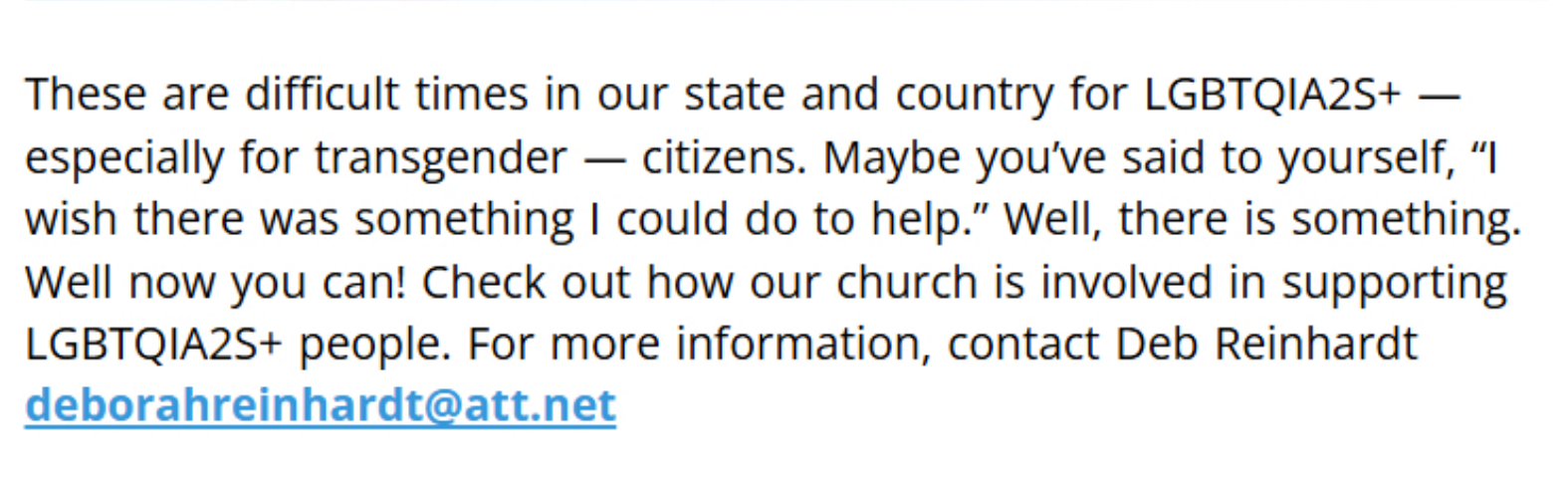
Other PUCC News

Join the PUCC Safety Team!
The Safety Team is looking for a few more members to help ensure Parkway UCC remains a safe, welcoming place for everyone on the premises during our Sunday Morning Experience.

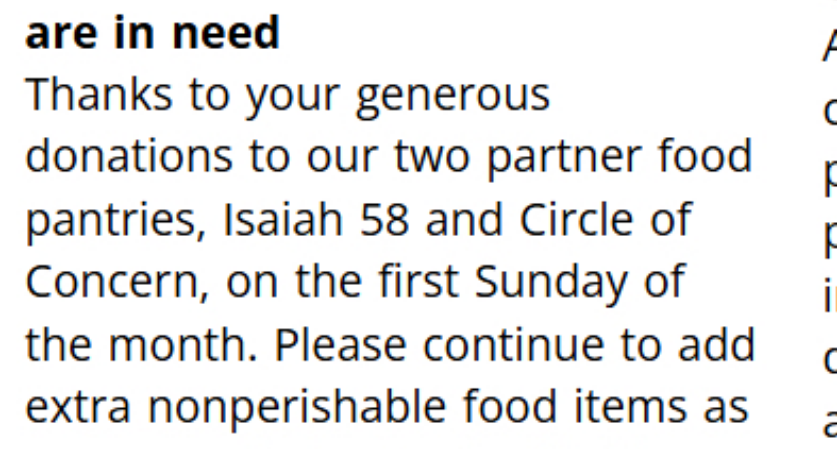
As a team member, you will build relationships with Council members, church staff, the congregation, building renters, and local emergency services (medical, fire, and police).

What You'll Do:
• Learn: Get trained on the safety procedures and technology currently in use at Parkway.
• Serve: Be onsite one Sunday a month from 9:00 AM to 12:00 PM. (Note: This includes a 9:00 AM walkthrough with the on-duty police officer and serving as a safety observer during worship).
• Guide: Direct the congregation during unexpected events (such as severe weather, medical emergencies, fire evacuations, or building intruders). You will be responsible for calling 911 and guiding others, not directly handling the emergency itself.
• Connect: Attend occasional Safety Team get-togethers.

Have a conversation or contact any of these people if you have questions! • Lisa Davidson davidsonls@wustl.edu
• Phillip Waite pwaite82@gmail.com
• Nick McMillon mcmillon2004@att.net
• Karen Mariani ksmariani59@gmail.com
• Rich Race racerichardg@gmail.com

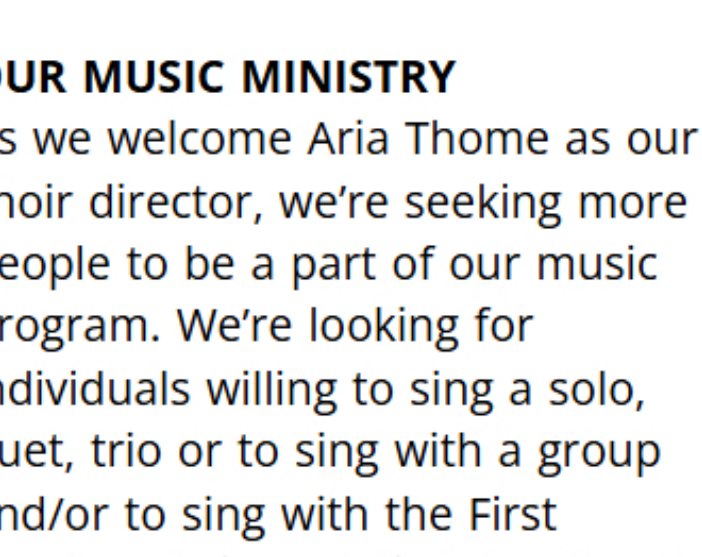


These are difficult times in our state and country for LGBTQIA2S+ — especially for transgender — citizens. Maybe you've said to yourself, "I wish there was something I could do to help." Well, there is something. Well now you can! Check out how our church is involved in supporting LGBTQIA2S+ people. For more information, contact Deb Reinhardt deborahreinhardt@att.net



Give-A-Meal Sundays ~ Sharing our abundance with those who are in need
Thanks to your generous donations to our two partner food pantries, Isaiah 58 and Circle of Concern, on the first Sunday of the month. Please continue to add extra nonperishable food items as you are able for the North St. Louis Tornado Relief collection. Suggested items are canned green beans, corn, fruit, soups, peanut butter, jelly, pasta, meats, packages of spaghetti and pasta sauce, mac n' cheese, rice, mashed potatoes, and baking items. Also needed are diapers, baby wipes, formula, and other baby and personal hygiene items for mothers and babies requested by Planned Parenthood for the North St. Louis Tornado Relief and other nearby agencies.

Questions? Please contact Sally Dodge s.dodge@hotmail.com or Evelyn Buretta burettaevelyn@gmail.com



OUR MUSIC MINISTRY
As we welcome Aria Thome as our choir director, we're seeking more people to be a part of our music program. We're looking for individuals willing to sing a solo, duet, trio or to sing with a group and/or to sing with the First Sunday Choir each first Sunday of the month at 9 am. We're also gathering names of instrumentalists who'd be willing to share their talents in worship and those interested in joining a hand chime choir. Please reach out to aria@parkwayucc.org today.

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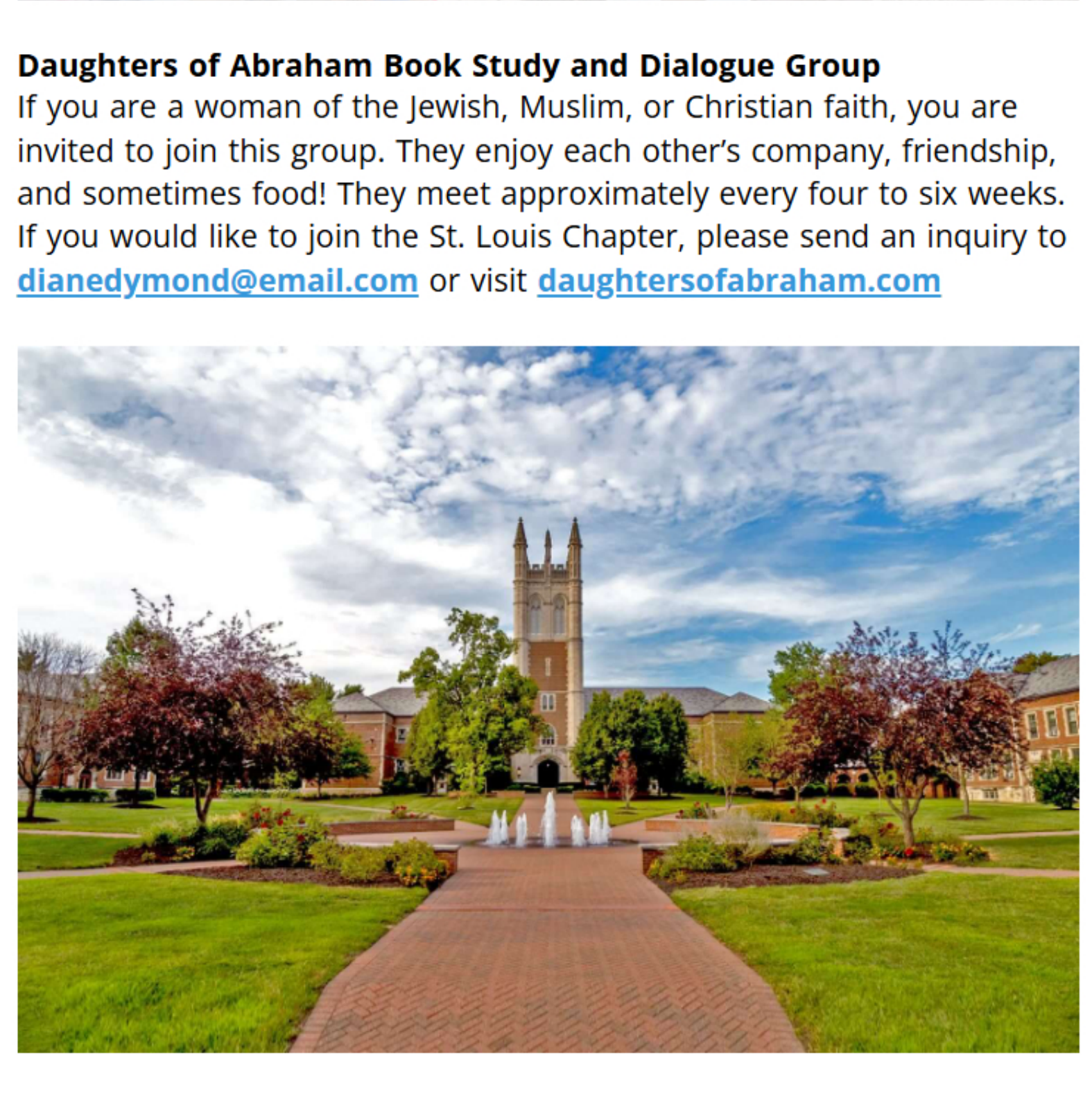
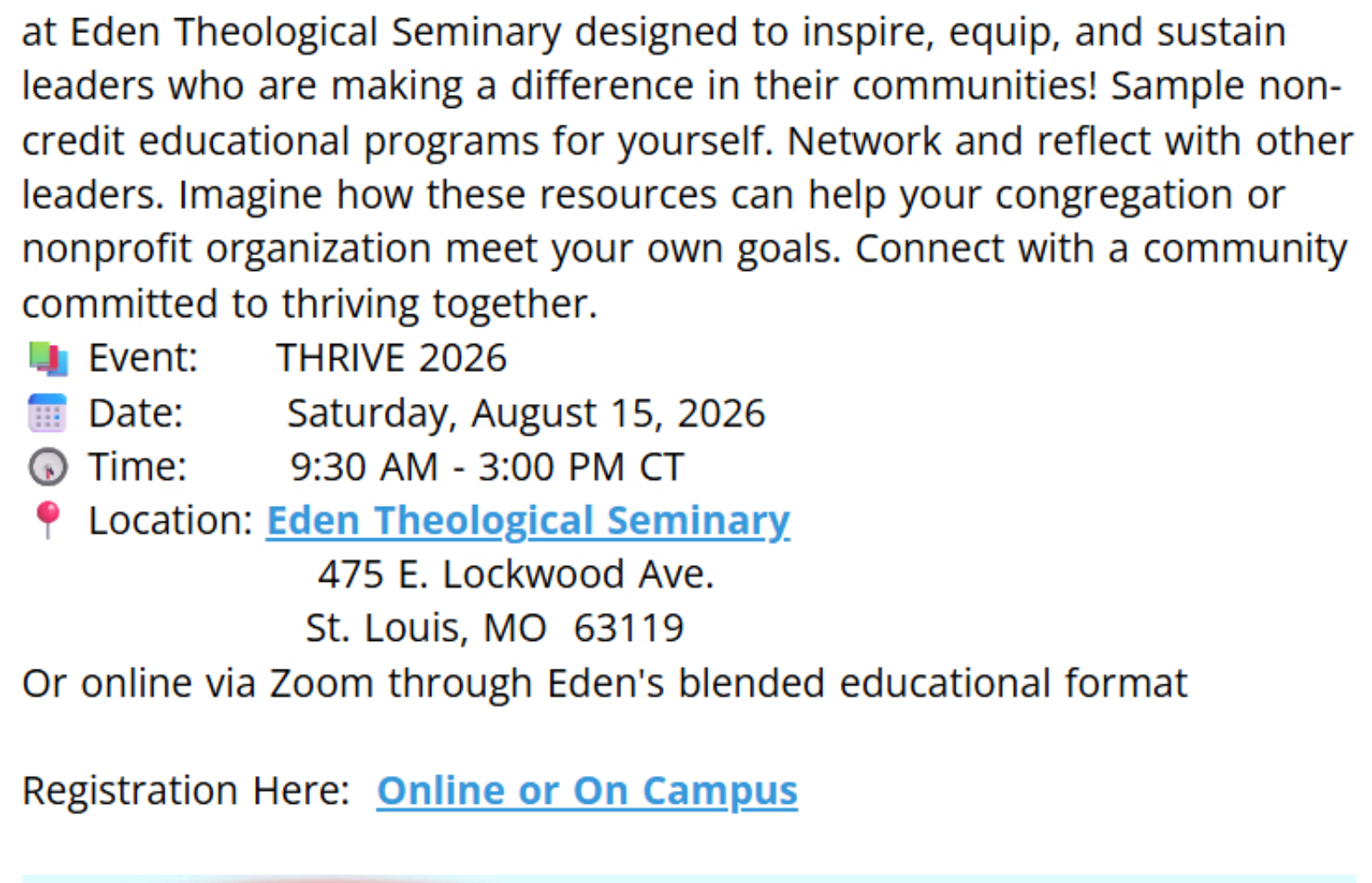
Community Happenings

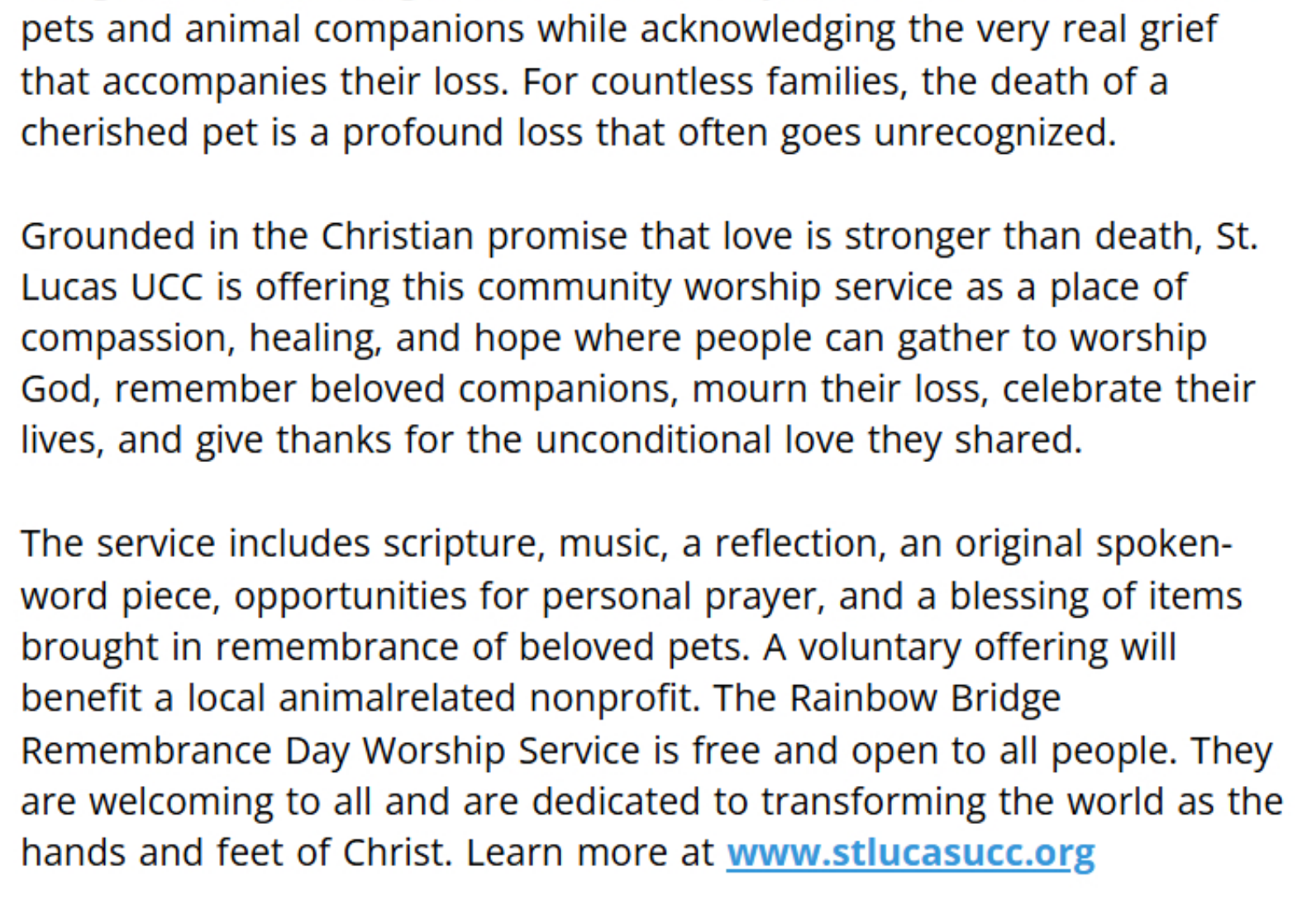


Daughters of Abraham Book Study and Dialogue Group
If you are a woman of the Jewish, Muslim, or Christian faith, you are invited to join this group. They enjoy each other's company, friendship, and sometimes food! They meet approximately every four to six weeks. If you would like to join the St. Louis Chapter, please send an inquiry to dianedymond@email.com or visit daughtersofabraham.com



Eden Thrive Conference 2026
You are invited to THRIVE 2026, a one-day conference and resource fair at Eden Theological Seminary designed to inspire, equip, and sustain leaders who are making a difference in their communities! Sample non-credit educational programs for yourself. Network and reflect with other leaders. Imagine how these resources can help your congregation or nonprofit organization meet your own goals. Connect with a community committed to thriving together.
📚 Event: THRIVE 2026
📅 Date: Saturday, August 15, 2026
🕘 Time: 9:30 AM - 3:00 PM CT
📍 Location: Eden Theological Seminary
475 E. Lockwood Ave.
St. Louis, MO 63119
Or online via Zoom through Eden's blended educational format

Registration Here: Online or On Campus


St. Lucas UCC
Rainbow Bridge
Remembrance Service
Thursday, August 27 6:00 PM
11735 Denny Rd., St. Louis, MO 63126
stlucasucc.org

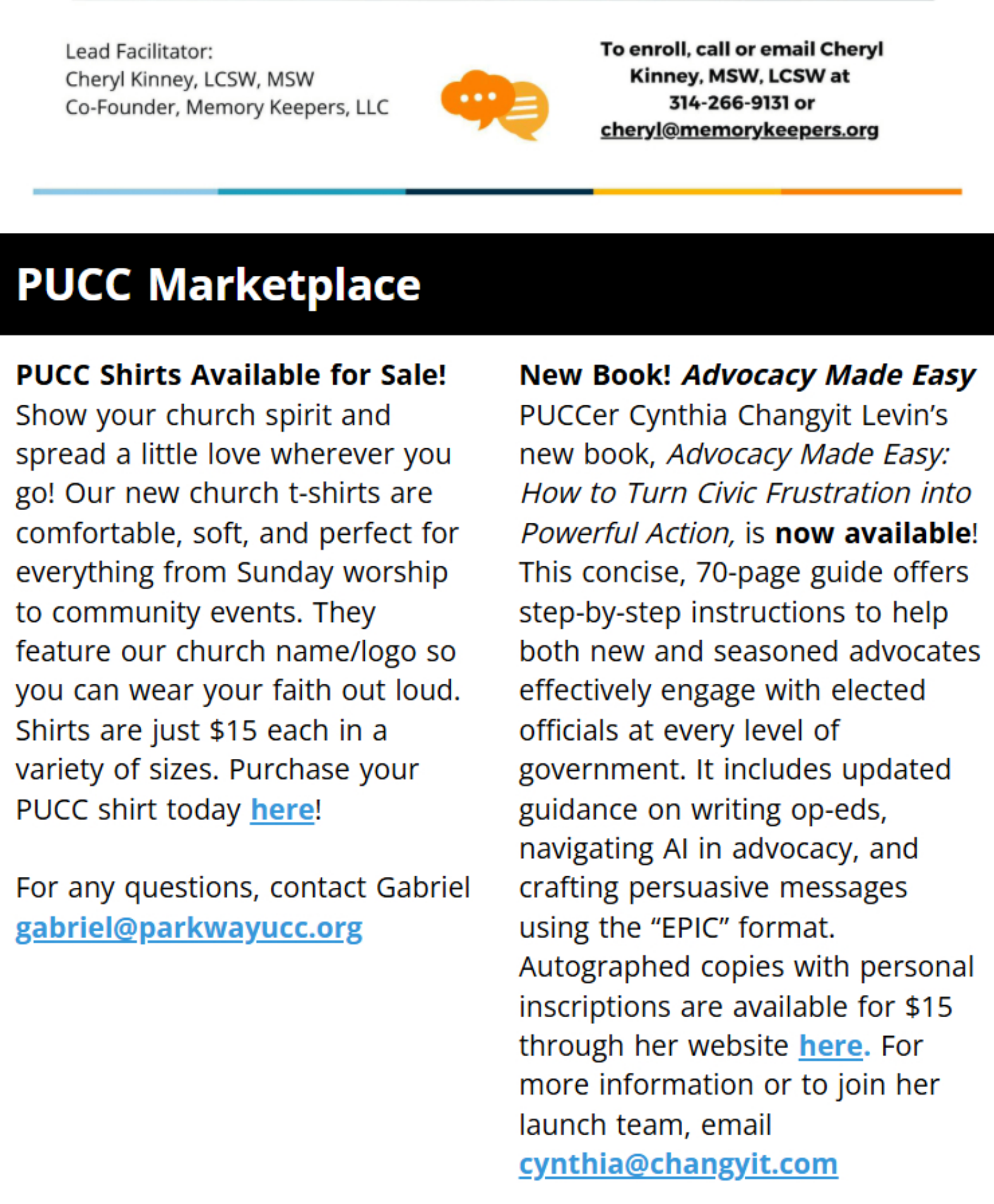
Rainbow Bridge Remembrance Day
August 27 | 6pm | 11735 Denny Road, Sunset Hills, MO

Recognizing that the loss of a beloved pet is a grief many people carry quietly, St. Lucas United Church of Christ is hosting its first Rainbow Bridge Remembrance Day Worship Service.

Established in 2015 and inspired by the beloved poem "Rainbow Bridge", Rainbow Bridge Remembrance Day honors the lives of beloved pets and animal companions while acknowledging the very real grief that accompanies their loss. For countless families, the death of a cherished pet is a profound loss that often goes unrecognized.

Grounded in the Christian promise that love is stronger than death, St. Lucas UCC is offering this community worship service as a place of compassion, healing, and hope where people can gather to worship God, remember beloved companions, mourn their loss, celebrate their lives, and give thanks for the unconditional love they shared.

The service includes scripture, music, a reflection, an original spoken-word piece, opportunities for personal prayer, and a blessing of items brought in remembrance of beloved pets. A voluntary offering will benefit a local animalrelated nonprofit. The Rainbow Bridge Remembrance Day Worship Service is free and open to all people. They are welcoming to all and are dedicated to transforming the world as the hands and feet of Christ. Learn more at www.stlucasucc.org



MEMORY KEEPERS

Dementia Caregiver Therapy Group

This clinician-led group offers dementia caregivers a space to share experiences, ask questions, and participate in guided discussion with others walking a similar path.

About this Program
- 8 sessions (September-December)
- Twice monthly on Thursdays
- Space limited to 10 people
- Located at Community Christian Church 623 Meramec Station Road, Ballwin, MO, 63021
- Virtual group available upon request
- Medicare and some other insurances are accepted Private pay rate is $25/session

TOPICS INCLUDE
- STRESS AND EMOTIONAL REGULATION
- CAREGIVER SELF CARE
- NON-PHARMACOLOGICAL SUPPORT FOR THE PERSON WITH DEMENTIA
- DEALING WITH DIFFICULT BEHAVIORS
- ISOLATION & LONELINESS
- FAMILY CONFLICT & DYNAMICS
- DAILY COPING
- RESILIENCE & BUILDING A SUPPORT TEAM
- SAFETY
- AMBIGUOUS LOSS & END OF LIFE CARE

Lead Facilitator:
Cheryl Kinney, LCSW, MSW
Co-Founder, Memory Keepers, LLC

To enroll, call or email Cheryl Kinney, MSW, LCSW at 314-266-9131 or cheryl@memorykeepers.org

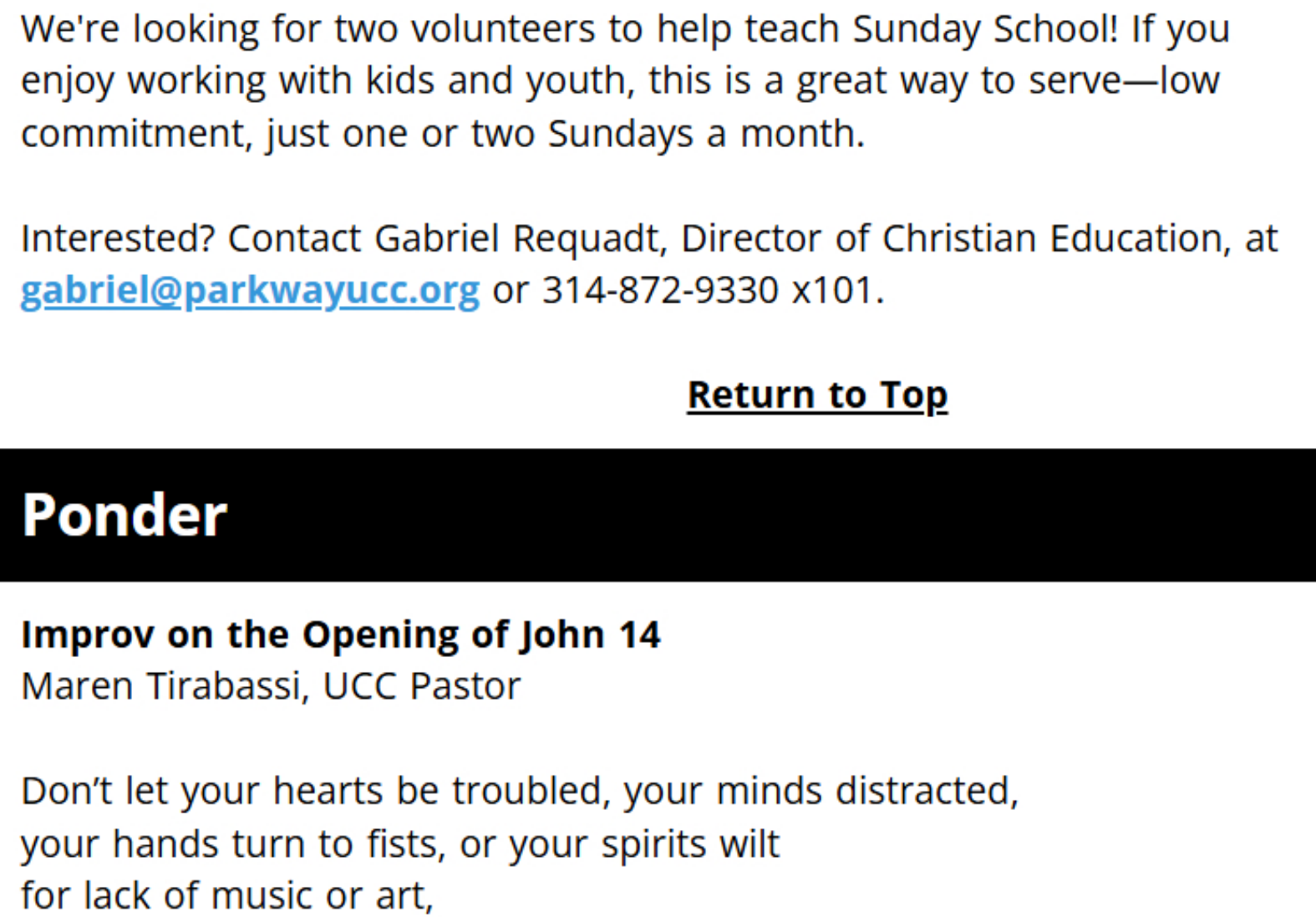
PUCC Marketplace

PUCC Shirts Available for Sale!
Show your church spirit and spread a little love wherever you go! Our new church t-shirts are comfortable, soft, and perfect for everything from Sunday worship to community events. They feature our church name/logo so you can wear your faith out loud. Shirts are just $15 each in a variety of sizes. Purchase your PUCC shirt today here!

For any questions, contact Gabriel gabriel@parkwayucc.org

New Book! *Advocacy Made Easy*
PUCCer Cynthia Changyit Levin's new book, *Advocacy Made Easy: How to Turn Civic Frustration into Powerful Action*, is **now available**! This concise, 70-page guide offers step-by-step instructions to help both new and seasoned advocates effectively engage with elected officials at every level of government. It includes updated guidance on writing op-eds, navigating AI in advocacy, and crafting persuasive messages using the "EPIC" format. Autographed copies with personal inscriptions are available for $15 through her website here. For more information or to join her launch team, email cynthia@changyit.com

Christian Education Updates



CEnews Link
Check out the **July 30** Christian Education newsletter here! If you'd like to be included in the CEnews mailing list, please just contact gabriel@parkwayucc.org

Taking the Story Home
Want to take the story home to go deeper with the lesson or your family missed last Sunday? Click here! We'll also have ample photos from events that the children & youth do through the year.

Join the Sunday School Ministry Team
We're looking for two volunteers to help teach Sunday School! If you enjoy working with kids and youth, this is a great way to serve—low commitment, just one or two Sundays a month.

Interested? Contact Gabriel Requadt, Director of Christian Education, at gabriel@parkwayucc.org or 314-872-9330 x101.

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Ponder

Improv on the Opening of John 14
Maren Tirabassi, UCC Pastor

Don't let your hearts be troubled, your minds distracted,
your hands turn to fists, or your spirits wilt
for lack of music or art,
a walk on the shore, or a friend.

Believe in the impossible possible grace –
God once, God come in Jesus, God coming again.

God has a house with a footprint so holy,
a floor plan so extensive,
there is room for everyone,
and all the self-defined interior decorators
of all the religions of the world
cannot spoil the beauty of its proportions.

We try very hard to make reservations.

Many us want to book the chapel,
but others only want to sit at a kitchen table
with grandmothers,
or find a bedroom and sleep weariness away.

One says, "take me to a balcony where
I can look once again at sunset over the ocean.
I promised to meet someone there."

And another, "The conservatory –
I'll see every flower that has become extinct,
and let the butterflies rest on me."

"Is there a kennel? I want to find, well ...
this beagle loved me so much
it turned the sadness away.
(Or are all the dogs free ranging in heaven,
and only a few theologians live in crates
they built for themselves?)"

But back to the text ...
"You say you'll go and prepare a place,
but we don't know the way."

That was Thomas, speaking
for those of us who really do need
GPS for soul.

Jesus answered originally ...
"I am the way and the ..."

but in the translation of my longing,
he stops, looks in our faces,
and simply says, "Come home."

Video

Something you know exists even though you can't see it ...
https://www.youtube.com/shorts/wrjYCF1f97o

Jokes

What do you call a belt made of watches? *A waist of time.*

"Dad, you put your shoes on the wrong feet!"..."*But they're the only feet I have.*"

How do you know flowers are friendly? *They always have new buds.*

Over 5/4 of all people admit they are bad with fractions.

Questions of the Week

How would you describe yourself in one sentence?

What activities make you lose track of time?

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Taking Care of Business

Please use the form at https://app.onechurchsoftware.com/pucc/forms/13 for all announcements for our media. Best practice can be to type your details in a Word document and then copy those details into the form. Bulletin and eNews deadline: noon Monday. You should receive a confirmation email when you have successfully submitted your request.

Livestream Worship services at PUCC YouTube Channel HERE
There is also a subscribe button under the main heading and brief description of our church. Thank you! Questions? Please contact barbharris@charter.net or cynthianouri@gmail.com

PUCC GOOGLE REVIEW
Love our church? Want people to know how great it is and how welcome they would be here? Help spread the word by writing a Google review.

Here's how to submit your review:
1. Make sure you are logged in to your Google account. You can do this on the upper right-hand side of the page.
2. Do a Google search for Parkway United Church of Christ. Among the search results should be a separate listing for PUCC on the right side of the page. Look down this section to find and click on the "Write a Review" button.
3. You will be prompted to rate PUCC and write a review. You can add photos of PUCC if you'd like though this is optional. When finished, simply click the "post" or "submit" button.

DOWNLOAD OUR PUCC APP TODAY!
For Android, click here!
For Apple, click here!

Parkway UCC's App is a robust tool that helps us connect and communicate easily. One Church is a gamechanger that will help us to be more vital. Click here to see the instructions for downloading the app.

Our online member directory is a feature many of you have been waiting for! We take your privacy seriously. The directory is accessible only to PUCC members and staff who use their password to login.

We have also begun using our new front door keypad installed on the brick wall to the right of the doors by our Safety Team. Please select your own unique 4-digit code and send it to **gabriel@parkwayucc.org** so we can load it into the keypad and troubleshoot as needed.

We are happy to help you with anything and everything One Church – including taking your profile photo on Sunday mornings!

One Church Support
Join us with your phone, tablet or laptop as our One Church Team offers support, shortcuts and strategies to make your experience with our software and app more fruitful and enjoyable. People with all levels of experience with One Church are welcome to stop by the large bulletin board in the Gathering Space before or after worship this Sunday. Cindy will be there!
Questions? Please reach out to:
Cindy Nouri cynthianouri@gmail.com
Barb Harris barbharris@charter.net
Gabriel Requadt gabriel@parkwayucc.org

Parkway United Church of Christ
(314) 872 9330 contact@parkwayucc.org
2841 N Ballas Road,
St. Louis, MO 63131

We appreciate your submissions of jokes, quotes, photos, videos, weekly opportunities, scriptures that are important to you, hymn/song suggestions, poetry, etc. We would love to hear from you: contact@parkwayucc.org

PUCC eNews is published weekly in order to broadcast Parkway UCC events and happenings - and items of interest to the Parkway UCC community of faith. Please submit all communications requests, by noon Monday.

Staff Configuration and Hours:
Gabriel is in the main office from 8:30am-4:30pm Monday thru Thursday, and on Sundays 8am-12pm as he focuses on Administrative Support, and Office & Building Operations. gabriel@parkwayucc.org

Aria is our Music Director, and can be reached for appointments via aria@parkwayucc.org

Katie and *Lakita* are our Nursery Childcare Providers, giving loving care to all of God's young on Sundays from 8:50am-12:20pm. gabriel@parkwayucc.org

Dawn, our Bookkeeper, is in the office a few days each month and is available via email and phone from her home in Florida. dawn@parkwayucc.org

Kevin is around each day but Thursday. He is available for emergencies 24/7/365 at 314-330-0629; kevin@parkwayucc.org