PARKWAY
UNITED CHURCH OF CHRIST
ALL ACCEPTED, NO EXCEPTIONS

LIMITLESS LOVE
COURAGEOUS ACTION
SPIRITED INQUIRY

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Happening Before the Weekend

Unleashing Potential: *Art & Soul XVI Costumes & Cocktails*
Friday October 30, 2026 | 6-PM-10PM \ Third Degree Glass Factory

Walk to End Alzheimers
Saturday October 31| Chesterfield Amphitheater

Please see details below for these two events.

Reminder: Turn your clocks back one hour overnight into Sunday - to gain that extra hour!

Worship with us this Sunday, November 1

Join us this Sunday for worship at 10am in the sanctuary or on YouTube Live (**https://www.youtube.com/@ParkwayUCCStL**) anytime.

It's **All Saints Day.** We will worship in the Historic Sanctuary across the street. We will remember, honor and cherish those who have gone before us.
Please consider bringing a photo of a loved one or a small item of remembrance to place on the table up front during the service.

We will celebrate the sacrament of communion at our open table. All are invited to receive this simple sacred meal. If you are with us remotely, please consider having some combination of bread, crackers, wine, grape juice available.
(Please remember our hungry neighbors as you help us make good on our promises to *Circle of Concern* and *Isaiah 58* for **Thanksgiving** ... see below)

Our scriptures are Psalm 34:1-10 (God's goodness to us and our commitments to God) and Matthew 5:1-12 (The Beatitudes of blessing). As we bathe in the spirit of our Historic Sanctuary, we will recall that our mission has always been the same – to love God and to be a blessing to others. It is a mix of ease and effort to stay the course.

Worship bulletin: https://parkwayucc.org/wp-content/uploads/2026/10/11-01-26-FINAL.pdf

Our songs include: *Holy! Holy! Holy! Lord God Almighty; For All the Saints; Dream God's Dream; Jesus Loves Me; Here Are Our Hearts; As We Gather at Your Table; The Lord's Prayer; I Sing A Song of the Saints of God*

First Sunday Choir! Please come to the Historic Sanctuary at 9am to learn a song we will sing during the worship service. All ages welcome! Questions? Contact aria@parkwayucc.org

Council Coffee Chat After Worship
Join us back across the street for fellowship and refreshments in the Heritage Room -- please enter through the Fellowship Hall doors as our partners, Marthoma congregation, will be in the middle of their worship service in the New Sanctuary as we conclude our worship and make our way back across the street. Pick up a treat and beverage and come next door to Room 10 for an informal conversation with our Church Council. Your elected Council wants to hear from you about your thoughts and visions of our shared ministry and mission.
Questions? Reach out to our Church Council President, Barb Harris **bharris915@icloud.com**

Prayer Partner Before and After Worship this Sunday
PUCCer Lynn Mark is available this Sunday in the front left corner of the sanctuary before and after worship this Sunday to pray confidentially with individuals. She is a trained prayer chaplain who is gentle, kind, rooted and good humored. She will call on the presence of God and help create a safe spiritual space. Lynn will listen to you as you tell her a bit about your prayer request. She will offer an affirmative prayer out loud, reminding you of your inner strengths rather than ask God for a specific outcome. She will pray that you are guided by God's infinite love, presence and support... and that any joy or gratitude will be multiplied and any fear or doubt will be transformed into peace and confidence.

Prayer List Updates as of October 30

Sara and Keith Doll - New Members of Parkway UCC! WELCOME!
Early Voting is open - Vote with Love!
PROMO Deep canvassers!
October foci: Hispanic Heritage; Breast Cancer; Books; Emotional Wellness; LGBTQ+ History; ADHD Awareness
All Saints Day 11/1 - please bring photo/item to remember loved ones.
Brenna Race & Christopher James wedding 11/7 (Rich/Helen Race).
Andrea Barnes - healing after surgery on October 29.
Val Detjen - recuperating from surgery last week.
Evelyn Buretta - being released from rehab facility; home PT in AZ.
Hoffman Family as they grieve and give thanks for Ralph.
Rick/Cheryl Schrenker and family - mourning/remembering Teresa.
Donna - strengthening in rehab after hospital (Dottie Dwyer's sister).
Mike Bassler - ICU; kidneys are improved; heart surgery next (Dodge).
Kenelma and others - unjustly detained in ICE facilities (McDougall).
Patricia - brain damage from overdose (Jones-Goldstein).
Georgette - living with cancer (Jones-Goldstein)
Trans inmates in MO prisons who are denied gender-affirming care.
Victims, families, community of **recent school shootings** in the US.
The people of **Spain** - grief after the catastrophic and deadly train crash.
Ongoing chaos in the Middle East, Ukraine and Russia.
US military and families - Sera Watkins and **Anthony Williams**.

2027 Pledge Campaign

Pledge Campaign for 2027 ♥
There Our Hearts Will Be!

The Stewardship Commission was over-joyed with the congregation's response to our kick-off event last Sunday! As a result, we are now able to update our pledge thermometer to reflect $111,550 towards our goal of $425,000!!

As Kari indicated during the Stewardship Moment, it is not always about money, instead it includes participation in such church activities as worship, ministry, care for neighbors, involvement with the youth and its service beyond our walls. As a reminder - any pledge amount is welcomed! Something to reflect on - when I was in my 20's, I had extremely tight budget and I could only commit to an hour's salary a month as part of my pledge commitment. However, instead I gave my time and energy towards teaching Sunday School and helping with the Youth program.

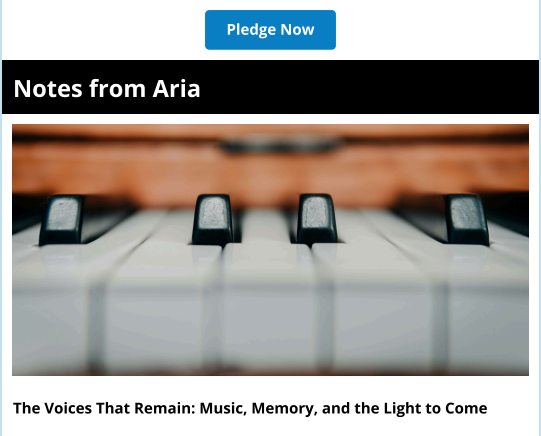
If you would like to pledge, you may do so either by using the 'Pledge Now' button below, by visiting our website (parkwayucc.org), selecting Worship & Giving, then selecting Pledging. You are also welcome to use a Pledge Card available on the table just outside the sanctuary.

If you have any questions, please contact Linda Tossing at ltossing@att.net or Kari Borgmann at Kari_Borgmann@yahoo.com

Thank you,
Linda Tossing for your Stewardship Commission

Pledge Now

Notes from Aria



The Voices That Remain: Music, Memory, and the Light to Come

On All Saints' Day, we remember the voices that have shaped our lives: those who taught us, loved us, shared their wisdom with us, and sang faith alongside us. Though some voices are no longer heard, the songs they sang literally, and with their lives, continue to resonate and echo within us. Music has a remarkable way of connecting generations, carrying memory, faith, and hope into the present. This happens fascinatingly enough at a neurobiological level and deeply mystical level at the same time.

As we remember those who came before us, we also look toward Advent and Christmas, when we celebrate the promise of light being born anew into our world. It's fascinating that we measure light with the same unit as we measure sound. Think about that.
This year, I invite you to become part of that unfolding story by joining the Parkway Choir for November and December only, as we prepare two beautiful celebrations: Lessons and Carols on December 13 and our Christmas Eve service.

There is something profoundly joyful about creating music together. Thursday rehearsals, from 7:00–8:30 p.m., give opportunity to laugh, learn, grow, and experience the shared accomplishment of transforming our unique, indispensable voice into something greater than ourselves. No extensive musical background is necessary, only an open heart and a willingness to sing. There is no expectation to continue beyond Christmas. Of course you may, but there is nothing contractual about making Parkway's Christmas celebrations one of resounding joy, played on repeat.
Come lend your voice to something prayerful and beautiful, a gift of music to the Parkway community as we welcome the birth of Light Itself at Christmas together. Email Aria for more detail.

Contact Aria **aria@parkwayucc.org**

PUCC Announcements

Isaiah 58 Thanksgiving Donations
Thanksgiving donations 2026: Parkway has chosen to donate to Isaiah 58 of 25 can openers and 350 Gravy Packets (Turkey, chicken, etc). We still need 175 gravy packets and a few can openers by **November 8**. Thanks for your support! Questions? Contact Sally Dodge at **s.dodge@hotmail.com**

Thanksgiving Circle of Concern
Hello Parkway! The weather is changing and we are starting to think about the fall holidays. Five area churches are collecting 10 different food items as part of **Circle of Concern's Thanksgiving Program**. This year, however, instead of packing each of the items in individual boxes, we are displaying all products in a special corner of our Pantry and allowing clients to make their own choices. The need is great in west St. Louis County, SNAP services are being cut, grocery prices are extremely high and Circle is currently serving the highest number of families ever!
I am hoping for 100 of each of the items listed below, to be available to clients the week of November 8th. Therefore, all items will need to be **brought to church by Friday, November 6th!** I will have plastic crates, marked COC Thanksgiving, by the food bins in the Gathering space.
Thank you for once again for helping our neighbors in this way.
Items Requested: Canned pumpkin, cranberry sauce, canned fruit (pineapple, peaches, applesauce, mandarin oranges), chicken, turkey or vegetable broth (32-ounce carton), boxed stuffing mix, jar of turkey or chicken gravy, cornbread mix, box of instant potato flakes, canned green beans, canned corn.
Questions? Lana Biondo **lanabiondo66@gmail.com**

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Walk to End Alzheimers:
The "Walk to End Alzheimers" event is Saturday October 31 at the Chesterfield Amphitheater, 631 Veterans Place Drive. On site registration opens at 8 AM. The Opening and Promise Garden Ceremony is at 10:00 A.M. Walk is to follow in Central Park around the lake. Everything is outside. The Parkway team should meet at the Veteran's Honor Park (under the flags) at 9:30AM so PUCC can do this together.
Parkway team donations can be made On-Line or checks given to Joyce Ruiz and she will send them in. Please make checks payable to: Alzheimer's Association.

Please register on-line at **www.alz.org**. Join our Parkway UCC team.

St. Louis
STORYTELLING
Festival

StL Storytelling Festival: A Boy and a Diva with Archy Jamjun
Friday, November 13, 2026 | 7-8pm | Gathering Space at PUCC

PFLAG and the LGBTQ+ Faith Alliance partner to present an evening with Archy Jamjun, curator of Outspoken LGBTQ stories at Sidetrack in Chicago. Archy will share a funny and heartwarming look at his coming-out story and the iconic divas who provided the soundtrack. The performance is for adults and will be followed by Q&A and refreshments.

RSVP is appreciated but not required.
Questions? Ready to RSVP? Contact Debbie Reinhardt
deborahreinhardt@att.net

INTERTWINE
Interfaith
Initiative

Intertwine Interfaith Initiative Faith 250
Saturday November 14th 6:30-8:30PM
PUCC Fellowship Hall with TASOM, Shaare Emeth, PUCC
Registration (RSVP) is requested | No fee
Google Registration Link

How have our faiths shaped America?
Join Intertwine Interfaith at Parkway United Church of Christ for an evening of conversation, learning, and community as we explore the role that different faith traditions have played in shaping America. The evening will include Havdalah (Jewish candle ceremony that closes the Sabbath), a discussion on Faith 250 and faith contributions to America, perspectives from different faith communities, and small-group table conversations. We'll also enjoy refreshments together during the discussions. People of all faiths and backgrounds are warmly welcome. We hope this evening creates an opportunity to learn from one another, build friendships, and celebrate the diverse faith communities that are part of the American story.

Our own Mark Sableman, Carol Russell and John Russell will share some UCC thoughts on this subject!

Questions?
Lisa Mason lmason624@sbcglobal.net
Paige Penico andipaige@hotmail.com

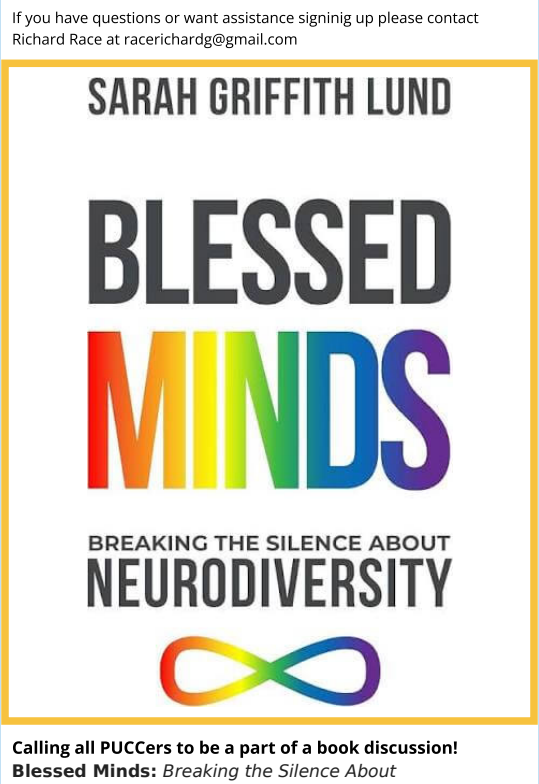
Know What to Do in a Medical Emergency
Sunday December 6th | 12PM - 2:30PM | Heritage Room
Provided by: West County EMS
Link: **SIGN UP Here by Nov 20th**
Limit: 16 | 6 spots remaining!

A Cardiopulmonary Resuscitation (CPR) plus Automated External Defibrillator (AED) plus Stop the Bleed (STB) plus First Aid certification class presented by West County EMS will be onsite in Parkway's Fellowship Hall on Sunday December 6th from noon to 2:30. Emergency procedures are included for both adult and pediatric victims. The certification is good for two years (This class was last held at Parkway in 2024). The class is for participants in the Parkway and Marthoma congregations. You must register by name and home address in advance. Class size is limited to 16 participants.

Why is this important? There is a chance that victims of choking, heart failure, or serious external bleeding may die before an ambulance arrives. The real first responders are the people in the building that know what to do. Parkway UCC will cover the cost of the class. Register in One Church or by contacting Richard Race at racerichardg@gmail.com.

Cost for class is $55/participant. There is no charge for residents of West County EMS Fire Protection District. Thus home address is required in the registration. Parkway paid for the class in 2024 so I hope that Parkway will pay again. The class is open to participants of the Parkway UCC and the Marthoma congregation attendees.

If you have questions or want assistance signinig up please contact Richard Race at racerichardg@gmail.com



SARAH GRIFFITH LUND
BLESSED
MINDS
BREAKING THE SILENCE ABOUT
NEURODIVERSITY

Calling all PUCCers to be a part of a book discussion!
Blessed Minds: *Breaking the Silence About Neurodiversity*
Monday, November 30
1-2:15pm Zoom
ZOOM LINK
Meeting ID: 834 8657 7938
Passcode: 107488

6:30-8pm in person
Heritage Room

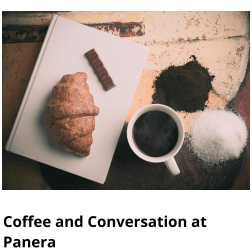
From time to time, we come upon a book that we would like as many PUCCers as possible to read. Blessed Minds: Breaking the Silence About Neurodiversity is such a book.

Good Reads invites us to explore ~
"Many churches are unintentionally exclusive toward people whose brains work differently. Blessed Minds: Breaking the Silence About Neurodiversity helps churches embrace the gifts of neurodiversity and become a place of belonging for all. In this book, we will learn
• What neurodiversity is (and isn't)
• How to create neuroinclusive worship
• Practical tips for welcoming
  neurodivergent families.
• Theological insights into neurodiversity
  as part of God's good creation."

Look for a print or audio copy through your favorite provider. We have ordered a few copies for anyone who needs one as we don't want purchasing the book to be a stumbling block. Hope you will join us for this *All Church Read*.
Questions? kevin@parkwayucc.org

Recurring PUCC Events

AMOE - Adventurous Men Out Earrly
Thursday, November 5 | 9:15am | Heritage Room
Remember the "Coffee Talk" SNL sketch? Well, the men of Parkway have their own version. We next meet on Thursday, November 5 at 9:15am in the Heritage Room. Want to sleep in and not get up that early? That's just fine. Please come when you can.
Questions? Please see Richard Scherrer **90fivetpr@gmail.com**



Coffee and Conversation at Panera
Wednesday Nov 11| 10am
Panera on Manchester Rd, Des Peres

Join us for a beverage and sweet treat. Come connect! No need to RSVP - just show up!

Upcoming dates:
Monday, December 7 at 2pm
Wednesday, January 20 at 10am

Questions? Contact **kevin@parkwayucc.org**; 314-872-9330

Prayer Partner: an opportunity to pray with someone

Drop-in Prayer Time.
Kevin will be at church in the Prayer Corner.
Come on by if you'd like to pray together. Please text Kevin (314-330-0629) when you arrive.

Upcoming dates in the Sanctuary:
Tuesday, Nov 17 from 3-5pm
Monday, Dec 14 from 7-9pm
Wednesday, Jan 13 from 10am-12pm

We can arrange a phone call or Zoom for another time if you'd like. Just reach out to **kevin@parkwayucc.org**

TAD
Tuesday Afternoon Dialogue

Join With Tuesday Afternoon Dialogue for Atmosphere
1st & 3rd Tuesday | 1:45pm fellowship | 2:00-3:00pm discussion
Zoom Link
Meeting ID: 898 7822 0593;
Passcode: 393204

Please join us on Tuesday, November 3rd, as Tuesday Afternoon Dialogue (TAD) has its final discussion of The Book Club for Troublesome Women by Marie Bostwick. The book follows four suburban housewives in 1963 Northern Virginia who form an impromptu book club called "The Bettys" after reading Betty Friedan's The Feminine Mystique. We'll discuss Chapters 26 - the end of the book, and anything else from the book that participants want to discuss. We'd love to have you join us on Zoom on November 3rd! Feel free to stop in at 1:45 for fellowship before the book discussion starts.

We'd love to have you join us on Zoom on November 3rd. Feel free to stop in at 1:45 for fellowship before the book discussion starts. For more info, reach out to Jackie Eiffert **jeiffert2@gmail.com**

TED
Tuesday Evening Dialogue

Tuesday Evening Dialogue
Zoom Link
Nov 10th only!
Home of Paige Penico
RSVP to Helen Race for address
Zoom Meeting ID: 849 4403 9731;
Passcode: 792617

Please join us on Tuesday November 10 for our last session discussing How to Read a Book by Monica Wood. This novel follows the journey of three characters, Violet, Frank and Harriet and their converging paths. The author explores the effects of incarceration, the healing power of books , finding a family and the importance of forgiveness of self and others.
We will be discussing the last third of the book from Chapter 22 "Violet" (pg 191) to the end of the book. That evening we will be meeting at TED member Paige Penico's home at 6:00 pm instead of the Heritage Room. Paige has offered to host TED this evening to give us the amazing opportunity to meet and learn about her parrots since African Gray parrots have a very important role in this book.

TED meets every 2nd and 4th Tuesday (except Tues Nov 10th) in the Heritage Room. Pot luck dinner starts at 6 pm and the book discussion starts at 7pm. If you can't join us in person you are welcome to attend on Zoom which starts at 6:45 pm. Please join us at 6pm for Pot Luck Supper followed by Book Discussion at 7pm.

For questions and to RSVP contact Helen Race at **raceh@att.net** or 314-401-4382.

PARKWAY
SPEAKER
SERIES

Sunday, November 8 | 11:15am-12:15pm | Heritage Room
"**Kent and Jameson's Excellent Adventure,**" by the Tallyn Boys.
A Boundary Waters canoe trip is a back country camping adventure centered on canoe travel through a vast, roadless network of glacial lakes and pine forests, along the U.S.-Canada border, You pack all your food, shelter, and clothing and then you paddle across lakes. When the land blocks your path, you "portage"- meaning you carry the canoe and all your heavy gear across dirt, rock, or mud trails to reach the next lake. There are no roads, motorized vehicles, cell towers, or electricity. It forces you to unplug from modern technology and align your schedule with the rising and setting of the sun. The region boasts some of the cleanest, most pristine water in America. It is also designated as a dark sky sanctuary, making it a premier destination for stargazing and viewing the Northern Lights. Kent, his son Jameson and his daughter Sara, along with her husband Nick completed their boundary waters adventure last summer and now will share their story of a lifetime, a family adventure.

Sunday, November 15 | 11:15am-12:15pm | Heritage Room
"**Building Brain Healthy Habits**," a Presentation of the Alzheimer's Association, St. Louis Chapter
Research shows there are everyday habits you can build today to help protect your memory and thinking as you get older- even reducing your risk of cognitive decline and possibly dementia. Join us to learn about healthy habits for your brain; the brain-heart connection; why brain health is important at all ages, and how to build your personalized action plan for brain-healthy habits.

All programs are held in the Heritage Room, following worship and ending around 12:15pm. Grab a cup of coffee and a pastry and join us. Questions or suggestions for a program? Richard Scherrer at **90fivetpr@gmail.com**

AWOL
Adventurous Women Out Late

Go AWOL This Fall -- Adventurous Women Out Late
Come build connections with women this fall with some fun upcoming events!

Friday 11/13: Dinner out - Info coming soon

Sunday 12/13: Allegro - More details to come in early November.

Contact Carmen Bumgarner for more info
cfbum@charter.net

Adventurers 11/20 Weldon Springs
Head to Weldon Spring and Beyond With the Adventurers
10-2 meet at church to carpool 9:30am
RSVP Required by Nov 16th

Have you ever wondered what that big hill is on Highway 94 near Francis Howell High School? Come find out! Please join the Parkway Adventurers as we head to the Weldon Spring Site and Interpretive Center (opened in 2022), followed by lunch at Defiance Ridge Vineyards, on Friday, November 20th. If you'd like to carpool, please meet at the church at 9:30 and we'll tour the facility starting at 10. There will be a short talk by a docent followed by self-guided exploration of the museum and site. The Weldon Spring Site Interpretive Center delves into the history of the area and details the cleanup process that resulted in construction of the 41-acre engineered disposal cell related to the Manhattan Project. The surrounding gardens, prairie, trails, and disposal cell viewing platform are open to the public to explore. It's a beautiful site and a fascinating museum. The disposal cell is open to the public during daylight hours via a staircase and crushed gravel walkway. A viewing platform allows a panoramic view of St. Charles County and surrounding Howell Prairie.

The Interpretive Center is located at 7295 S Highway 94, Saint Charles, MO 63304, and Defiance Ridge Vineyards is at 2711 S Hwy 94 Defiance, MO 63341. Please email Jackie Eiffert if you are attending, jeiffert2@gmail.com.
RSVP is required. By 11/16

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Other PUCC News

VOTING INFORMATION: Early Voting has begun!
Be prepared for all issues on your ballot and make your plan to vote early..... click your link below:
St Louis County
St Charles County
St Louis City

Need a ride to vote? Contact Cindy Nouri **cynthianouri@gmail.com** to schedule a ride.

Shine Your Light!
On October 14, the PUCC Church Council authorized a new team entitled Shine Your Light. Through explanations and action suggestions in response to local, state, and national political issues, this team intends to be a catalyst toward a just world, consistent with our mission as a church. We are seeking a few members to guide this effort; If interested contact Ruth Huebner at **ruthhuebner@hotmail.com** or **314-296-2197**

Sign Up

Information on MO State Amendment 7.
As the November 3rd elections approach, please consider your position on one of the Missouri ballot items: Issue Amendment 7: https://www.senate.mo.gov/26info/pdf-bill/tat/SJR95.pdf Ballot Language: Shall the Missouri Constitution be amended to establish a permanent public endowment fund to support state government instead of taxing Missouri residents, prohibit the General Assembly from appropriating or diverting the fund, and eliminate state-imposed taxes once the fund generates sufficient revenue to replace them? Analysis: This is a rework of Amendment 5 from the August 4 Primary Election that was defeated by 80% of voters in Missouri. The ballot language implies a tax cut and proposes an endowment fund. The General Assembly has the power to set up a public endowment fund and cut taxes without voter approval. However, Amendment 7 states: "the General Assembly shall retain full authority to appropriate funds from any lawful source and to enact legislation establishing or increasing taxes or other revenues as necessary". Like Amendment 5, Amendment 7 will allow MO legislators to raise taxes without voter approval. This amendment increases the opportunity for bribery of legislators, and shifts the burden of taxes from the wealthy to the poor. Suggested Action: Please Vote on or Before November 3.

Ask us about our Signs
You will notice signs in front of PUCC encouraging people to "Vote No on 3." This decision was unanimously approved by our Church Council.

The United Church of Christ has a long history of supporting reproductive freedom and access to healthcare, including abortion. It comes down to the belief that people should be trusted to make deeply personal healthcare decisions with their doctors, their families, and according to their own faith and conscience.
Amendment 3 goes beyond abortion. A "yes" vote would repeal the reproductive healthcare protections Missouri voters approved in 2024. It would also impact gender-related care for minors.

As an Open and Affirming congregation, we believe that caring about dignity, personal autonomy, and access to appropriate healthcare includes our transgender neighbors and young people, too.

Putting signs in front of our church is one way we can make our values visible in our community. It isn't about telling everyone what they must believe. It's about being honest about what we believe and what we feel called to stand for.

And separation of church and state doesn't mean churches have to remain silent about public policy. It means the government doesn't impose the beliefs of one religion on everyone else. In fact, an interfaith partner approached us with the request to put up the sign. As people of faith, we can speak about the values that guide us and advocate for the policies we believe reflect those values while respecting that others may come to different conclusions. This is part of what it means for us to live out our faith through ***Limitless Love, Courageous Action, and Spirited Inquiry.***

Please contact Barb Harris, Council President (**barbharris@charter.net**) or Kevin Cameron, Pastor (**kevin@parkwayucc.org**) if you have questions or comments.

Job posting Christian Education and Youth Director

A great opportunity for a part-time (up to) 20 hours/week Christian Education and Youth Director. We are a faithful people with a warm heart and generous spirit. We are an intentionally inclusive congregation in a great facility in a prime location. We have a skilled and compassionate network of volunteers who need coordination, guidance, inspiration and support. We are eager to partner with someone who has experience with both children and teens. We want to become even more vital and relevant to our families. Please send a cover letter and resume to **employment@parkwayucc.org**

WISE Team: A United Church of Christ Ministry
Our church is on the road to becoming a WISE congregation as set forth by our UCC (WISE = Welcoming, Inclusive, Supportive, Engaged) Our team has formed and was commissioned in worship. Stay tuned for more from the WISE Team! Questions? Contact **jogrove08@gmail.com** or **kevin@parkwayucc.org** Thanks!

Harvest Decorating... Advent Decorating
Saturday, November 21 | 10-11:30am | Sanctuary

We'll decorate the chancel area with harvest items for Sunday, November 22.

Hanging of the Greens for Advent and Christmas will take place after worship on Sunday, November 22... Advent begins on November 29! Help us celebrate the holidays by decorating the Sanctuary, Gathering Space and out front! Questions? Carol Cobb ccjcobb@aol.com

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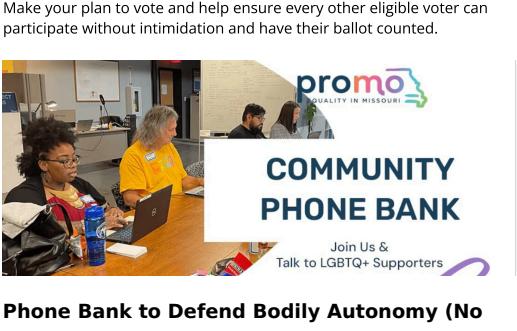
Learn the Art of Sourdough
Saturday, November 21 | 1pm | Heritage Room

Join us for a hands-on Sourdough Workshop to discover the secrets to baking your own delicious bread from scratch. Learn about the history of sourdough, basic sourdough terminology, and basic techniques to establish your own sourdough tradition in your own kitchen. Each participant will go home with their own live sourdough starter and a loaf ready to bake later that night! Light refreshments will be provided.

• Cost: $20 per person - proceeds will benefit the PUCC Outreach Ministry.
• Bring: A large mixing bowl (preferably not metal) and a mixing spoon.
• Tools beneficial to have at home for afterwards: digital scale, dutch oven
• RSVP Deadline: Saturday, November 14
To reserve your spot, please contact Michelle Brueggemann michellebrue82@gmail.com

Community Happenings

The midterm election is now just days away. Our faith calls us to love our neighbors, uphold their dignity, and advance the common good. Voting is one way we answer that call. Health care, hunger, immigration, reproductive freedom, LGBTQ+ equality, and our democracy demand our faithful participation.
Make your plan to vote and help ensure every other eligible voter can participate without intimidation and have their ballot counted.



Phone Bank to Defend Bodily Autonomy (No On 3)

Latest polling concerning Missouri's new Amendment 3 (the abortion ban/trans healthcare ban) shows 43% of Missourians supporting the amendment, 43% opposing, and 14% are undecided. Please consider helping PROMO Missouri with a virtual phone bank on Oct. 28 by calling LGBTQ+ people and allies to mobilize for final actions before election. Training and script provided. RSVP here: **https://www.mobilize.us/promomissouri/event/946299/**
Advocates for Trans Equality (A4TE) will conduct virtual phone banks every Monday, Wednesday, and Friday until the election. Connect with voters in states where anti-trans ballot measures are on the ballot and help share important information about the measures and the upcoming elections. Training and scripts are provided. All you need is a computer or tablet with an internet connection. RSVP here:
https://www.mobilize.us/promomissouri/event/1047936/.

Unleashing Potential: Art & Soul XVI Costumes & Cocktails
Friday October 30, 2026 | 6-PM-10PM
Third Degree Glass Factory

You are invited to this year's Fall-fundraiser event: Art & Soul XVI. This year's theme is Costumes or Cocktails. Attendees will have an opportunity to observe, and purchase Art created by the very children you've helped support! This year you will also be able to mingle with some of the children and families we work with!

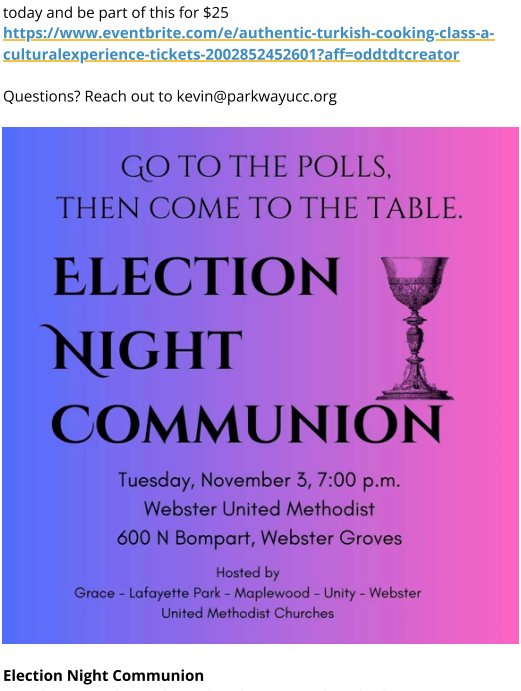
We would be so thrilled for you to join us! Individual tickets are $200, and tables are $1,500. You can visit our website at **Upstl.org/events** to purchase tickets and view our sponsorship information! Whether you choose to come in your festive costume, or your best cocktail attire, we know you'll dress to impress!

Tanyell "Shaye " Jackson
Unleashing Potential
Main Office: (314) 383-1733 Ext. 341

A Taste of Turkey - Cooking Class
Sunday, November 1 | 1-4pm | TASOM - 9201 Watson Rd, Crestwood 63126

Cooking Classes are back! Cooking classes were temporarily paused while they completed their move into their new TASOM building. Now that the move is complete, they're excited to restart classes and welcome interfaith friends into their beautiful new space! Come experience their new home, where food, culture, and community come together. Menu: Beyti Kebab, Salata and Baklava! Spaces are limited, so reserve your spot today and be part of this for $25
https://www.eventbrite.com/e/authentic-turkish-cooking-class-a-culturalexperience-tickets-2002852452601?aff=oddtdtcreator

Questions? Reach out to kevin@parkwayucc.org



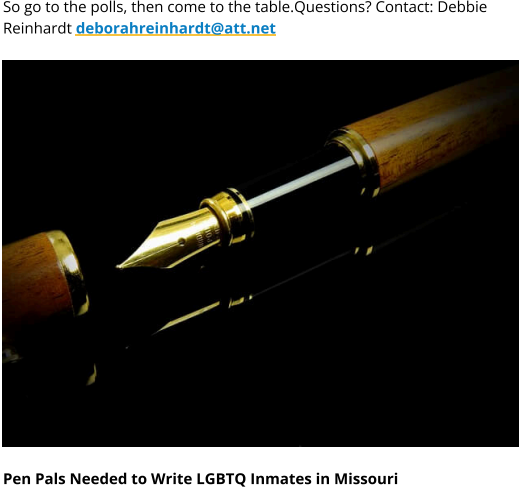
GO TO THE POLLS,
THEN COME TO THE TABLE.
ELECTION
NIGHT
COMMUNION
Tuesday, November 3, 7:00 p.m.
Webster United Methodist
600 N Bompart, Webster Groves
Hosted by
Grace – Lafayette Park – Maplewood – Unity – Webster
United Methodist Churches

Election Night Communion
Tuesday November 3rd 7PM | Webster United Methodist

On election night, Tuesday, November 3, at 7:00 p.m., all are welcome and encouraged to gather at Webster United Methodist to worship, and to celebrate the sacrament of Holy Communion together. This service is a collaboration of Maplewood, Unity, Webster, Lafayette Park, and Grace United Methodist Churches, and it is open to all.

The Church is called to be a community of resistance and refuge, and the unity of the sacrament is stronger than the toxic animosity of an election.

So go to the polls, then come to the table.Questions? Contact: Debbie Reinhardt **deborahreinhardt@att.net**



Pen Pals Needed to Write LGBTQ Inmates in Missouri
The LGBTQ+ Faith Alliance is starting an initiative to write LGBTQ+ inmates in Missouri state prisons. The interfaith coalition, in response to news of trans inmates no longer having access to hormone replacements (HRT), this summer partnered with Black & Pink- description - an organization that advocates on behalf of incarcerated queer, trans, and HIV-positive individuals-and PROMO Missouri to write messages of encouragement. Dozens of inmates have asked for a pen pal. Learn more about becoming a pen pal to an LGBTQ+ inmate by reaching out to our own Deb Reinhardt **deborahreinhardt@att.net**

PUCC Marketplace

PUCC Shirts Available for Sale!
Show your church spirit and spread a little love wherever you go! Our new church t-shirts are comfortable, soft, and perfect for everything from Sunday worship to community events. They feature our church name/logo so you can wear your faith out loud. Shirts are just $15 each in a variety of sizes. Purchase your PUCC shirt today **here**!

For any questions, contact **contact@parkwayucc.org**

New Book! *Advocacy Made Easy*
PUCCer Cynthia Changyit Levin's new book, *Advocacy Made Easy: How to Turn Civic Frustration into Powerful Action*, is **now available**! This concise, 70-page guide offers step-by-step instructions to help both new and seasoned advocates effectively engage with elected officials at every level of government. It includes updated guidance on writing op-eds, navigating AI in advocacy, and crafting persuasive messages using the "EPIC" format. Autographed copies with personal inscriptions are available for $15 through her website **here**. For more information or to join her launch team, email **cynthia@changyit.com**

Christian Education Updates

CEnews Link
You can find the **Oct 1** Christian Education newsletter **here**! If you'd like to be included in the CEnews mailing list, please email **contact@parkwayucc.org**

Taking the Story Home
Want to take the story home to go deeper with the lesson or your family missed last Sunday? Click **here**! We'll also have ample photos from events that the children & youth do through the year.

Join the Sunday School Ministry Team
We're looking for two volunteers to help teach Sunday School! If you enjoy working with kids and youth, this is a great way to serve—low commitment, just one or two Sundays a month.

Interested? Please talk with a Sunday school teacher or email **contact@parkwayucc.org**

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Ponder

You are somebody's front porch to God.
You are someone's doorway to mercy.
You are the world's threshold to kindness.
You are my entrance to letting go of regret.

No pressure, but...

Your life is a gateway to peace
for both strangers and friends alike.

Whether you realize it our not...

Empathy has chosen you to turn your
heart into a welcome mat for others.

This is purpose of your life...

To let your existence become a candlelit
veranda of hope for the rest of us to
gather on during the long night.

~ john roedel

Video

Did you ever make your own Halloween costume with your family when you were growing up?

https://www.youtube.com/shorts/PZ9pLcp0wgM?feature=share

https://www.youtube.com/shorts/9iRG17CV_8w?feature=share

https://www.youtube.com/shorts/A745D_dZITo?feature=share

Jokes

What's a scarecrow's favorite fruit? *Strawberries.*

Why was the broom late for the meeting? *It overswept.*

I just learned that author Stephen King has a son named Joe. *I'm not joking; he is.*

Why can't you book a hotel on the moon? *Because it's full.*

Questions of the Week

What memories makes you smile?

What do you want to be remembered for?

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Taking Care of Business

Please use the form at **https://app.onechurchsoftware.com/pucc/forms/13** for all announcements for our media. Best practice can be to type your details in a Word document and then copy those details into the form. Bulletin and eNews deadline: noon Monday. You should receive a confirmation email when you have successfully submitted your request.

Livestream Worship services at PUCC YouTube Channel HERE
There is also a subscribe button under the main heading and brief description of our church. Thank you! Questions? Please contact **barbharris@charter.net** or **cynthianouri@gmail.com**

PUCC Scam Alert

Important Notice: We understand that a fresh batch of scam/phish messages are being sent to PUCCers. Ugh! No staff member of Parkway United Church of Christ will ever reach out via email, text or social media to ask for financial help. If you receive a request appearing to be from PUCC staff requesting financial help or other personal information – or any suspicious message – please don't click on any links or engage with the sender. You may want to report this to your email service provider or the appropriate social media service. Block texts from scammers/phishers. Also, keep your antivirus/anti-malware software up to date for protection. Questions? Concerns? Need clarification? Reach out to our staff via contact@parkwayucc.org or 314-872-9330.

PUCC GOOGLE REVIEW
Love our church? Want people to know how great it is and how welcome they would be here? Help spread the word by writing a Google review.

Here's how to submit your review:
1. Make sure you are logged in to your Google account. You can do this on the upper right-hand side of the page.
2. Do a Google search for Parkway United Church of Christ. Among the search results should be a separate listing for PUCC on the right side of the page. Look down this section to find and click on the "Write a Review" button.
3. You will be prompted to rate PUCC and write a review. You can add photos of PUCC if you'd like though this is optional. When finished, simply click the "post" or "submit" button.

DOWNLOAD OUR PUCC APP TODAY!
For Android, click here!
For Apple, click here!

Parkway UCC's App is a robust tool that helps us connect and communicate easily. One Church is a gamechanger that will help us to be more vital. Click **here** to see the instructions for downloading the app.

Our online member directory is a feature many of you have been waiting for! We take your privacy seriously. The directory is accessible only to PUCC members and staff who use their password to login.

We have also begun using our new front door keypad installed on the brick wall to the right of the doors by our Safety Team. Please select your own unique 4-digit code and send it to **contact@parkwayucc.org** so we can load it into the keypad and troubleshoot as needed.

We are happy to help you with anything and everything One Church – including taking your profile photo on Sunday mornings!

One Church Support
Join us with your phone, tablet or laptop as our One Church Team offers support, shortcuts and strategies to make your experience with our software and app more fruitful and enjoyable. People with all levels of experience with One Church are welcome to stop by the large bulletin board in the Gathering Space before or after worship this Sunday. Cindy will be there!
Questions? Please reach out to:
Cindy Nouri **cynthianouri@gmail.com**
Barb Harris **barbharris@charter.net**

Parkway United Church of Christ
(314) 872 9330 **contact@parkwayucc.org**
2841 N Ballas Road,
St. Louis, MO 63131

We appreciate your submissions of jokes, quotes, photos, videos, weekly opportunities, scriptures that are important to you, hymn/song suggestions, poetry, etc. We would love to hear from you: **contact@parkwayucc.org**

PUCC eNews is published weekly in order to broadcast Parkway UCC events and happenings - and items of interest to the Parkway UCC community of faith. Please submit all communications requests, by noon Monday.

Staff Configuration and Hours:
Aria is our Music Director, and can be reached via **aria@parkwayucc.org**

Katie and *Lakita* are our Nursery Childcare Providers, giving loving care to all of God's young on Sundays from 8:50am-12:20pm. **contact@parkwayucc.org**

Dawn, our Bookkeeper, is in the office a few days each month and is available via email and phone from her home in Florida. **dawn@parkwayucc.org**

Kevin is around each day but Thursday. He is available for emergencies at 314-330-0629; **kevin@parkwayucc.org**